

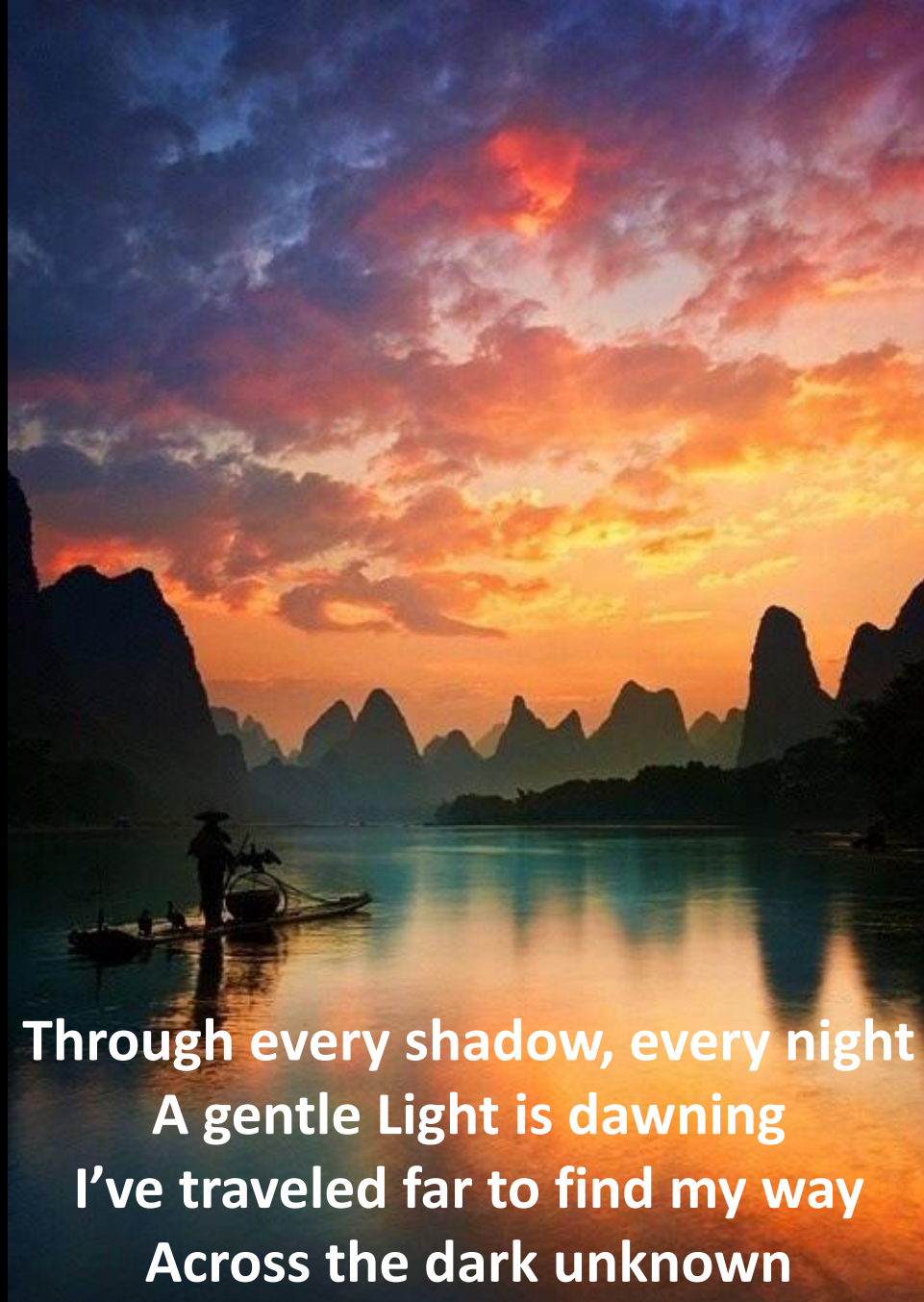
*I Return
To My
Light*

Starseed Affirmations





Beyond the noise and endless skies
A quiet truth is calling



**Through every shadow, every night
A gentle Light is dawning
I've traveled far to find my way
Across the dark unknown**

But every step has led me back to the Light I've always known



**I let go, I breathe slow, I remember who I am
I return to my Light, I return to my soul
Every breath reminds me, I was always whole
I am held by Love, I am carried by Grace
The Universe surrounds me in this sacred place**



**I am Light, I am Peace, I am Love, I am Free
The Stars and Earth are a part of me
The Universe lives inside me.**

**Calmness of mind does not mean
you should stop your activity.
Real calmness should be found
in activity itself.**

Sunryu Suzuki

Light is one of the most powerful forces in the universe. You might think of light as a living presence that can be anywhere or everywhere at once. It responds to your thoughts of it. Your intuitive understanding of what light is and how to connect with it is more important than any definitions I could give you. If I were to say to you, “Connect with the light,” you would instinctively know how to do that, for your Higher Self is always connected with light. As you think of light you begin to vibrate with your Higher Self.

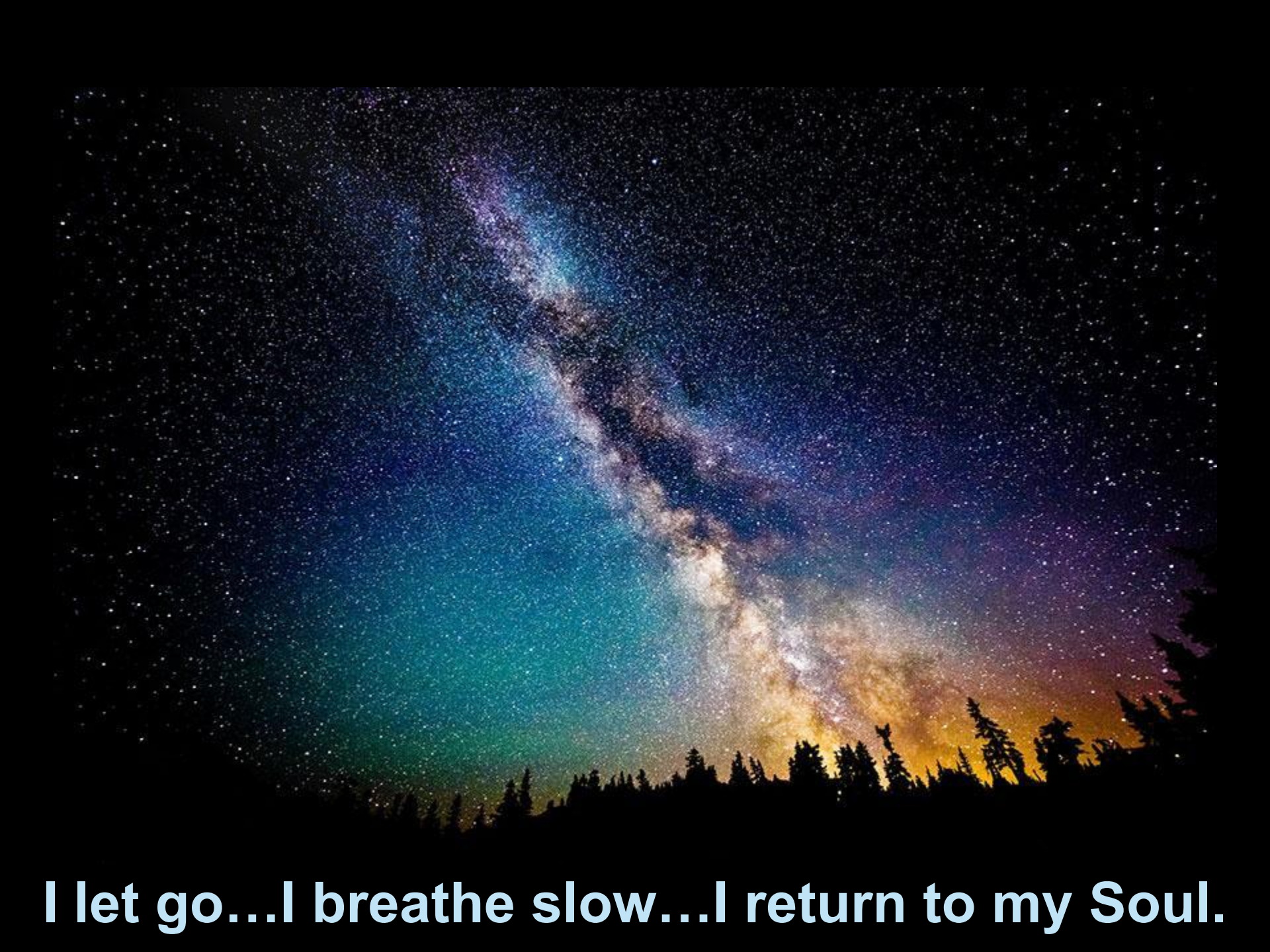
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Light responds to your thought of it; as you think of it, it is immediately drawn to you. As you think of light more often, you will become charged with light, building a radiant body of light all around you. The more light your body can hold, the higher your vibration and the greater your ability to transform the energy around you into a higher order.

Sanaya Roman – Spiritual Growth

Love is the purest activity of spirit. Love is the drawing, unifying power of life. Love holds the soul and body together. Love is the fulfillment of the law of life. We can find any answer with love. Love sees only the perfection which glows from within the one who loves.

Sue Sikking – Only Believe



I let go...I breathe slow...I return to my Soul.