

CONFIDENT IN THE
3rd Dimension



SURVEY

**What if you knew,
between now and the time you die,
the world will change beyond your imaginings?**

HOW WOULD YOU FEEL MOST?

**EXCITED
INTERESTED
NEUTRAL
UNCOMFORTABLE
WORRIED
OTHER**

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PREDICTIONS FOR CHANGE

Universal Health Care – Live to be 120

Cure most illnesses

Cash is obsolete

Colonies on the moon

Domed Cities on Earth

Underground Cities on Earth

Robots to clean / Cars drive themselves

Traditional Religion obsolete

40% Workforce replaced with AI

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**“_____” something new that challenges,
scares or makes you uncomfortable.**

DO

EXPERIENCE

INTERACT

DECIDE

SAY

OWN

SHARE

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BEFORE EXERCISE...

Why did you choose this one?

What emotions are coming up?

How uncomfortable do you feel about doing this? (Scale from 1-10)

What's your belief/fear about doing it?

What's ego's justification for that belief?

How does ego benefit if you avoid experience?

What would I forfeit by avoiding this experience?

DO IT ANYWAY

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AFTER EXERCISE...

Did I fulfill the Exercise? If not, why not?

If yes, what was easier than you thought?

What was harder than you thought?

What was the benefit?

What did you learn?

What spiritual qualities/principles helped?

If you had to do this again, how uncomfortable would you feel about it? (Scale from 1-10)

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Be your own Encourager

“Thanks for sharing...I understand why you feel that way, but you’re fine. Let’s let the Higher Self be in charge since s/he always has the answers. Let’s relax, stay open, and see where s/he leads.”

**“I’m confident my Higher Self is able to lead me through this and it will ... _____
(be safe, be fun, feel good, be a success.”**

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**I am
confident I
am
empowered
with all I need
to rise above
this
challenge.**