



Staying on **TARGET**

IFA

You are a heat-seeking missile
for Truth.

IDEALIST

VISION-DRIVEN - “how things should be”

OPTIMISTIC - “believe in inherent goodness of people

CHANGE AGENT - “catalyst for improvement”

CREATIVE - “look for high-level solutions”

They're against me...They resist me.

I'm against them...I resist them.

They resist me

Worry / fear

Blame / victim

Hopeless / helpless

Unworthy / self pity

I resist them

Control / anger

Impatience / selfish

Criticism / stress

Overwhelm / insecurity

**You will not be punished FOR your anger.
You will be punished BY your anger.**

The Buddha

The spiritual being knows that everything he hates and fights weakens him...and all that he is for, all that he supports, empowers him. All thoughts come with an accompanying energy, so you might as well shift to those that empower you.

Wayne Dyer

I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.

Matt. 16.19

**Nonresistance controls omnipotence.
Nonresistance is God living you
in holiest manifestation.**

Imelda Shanklin – *What Are You?*

**Whatever you do, work at it
with all your heart, as working
for the Lord, not for human masters.**

Col. 3.23

T-R-U-S-T-I-N-G

T ell

R esistance

U (you)

S urrender

T o

I nfinite

N ourishing

G ood

**Nonresistance is the seat of wholeness
and the contact point between heaven and
earth...between the field of infinite possibilities
and the needs of the particular situation.**

Gary Simmons – *The I of the Storm*



