

Release & Love

From Darkness to **LIGHT**

“The time has come”, he said. “The kingdom of God has come near. Repent and believe the good news.”

Mark 1.15

Renunciation is a letting go of old thoughts in order that new thoughts may find a place in consciousness.

Charles Fillmore – *Dynamics for Living*

Denials

I release that way of thinking and say no to its influence.

I let go of this fear and give it no power over me.

This circumstance cannot keep me from my good.

Nothing and no one can stand between me and my highest good.

I have the power to say no and let go of all that does not serve me.

I deny any limiting beliefs that don't align with spiritual Truth.

“I am separate from God and others.”

**Repent...think again – would this
still have power over me...**

if I knew there was only one Presence
and one Power here?

if I knew I was infinite & eternal?

if I knew I was one with God...a unique
expression of the Divine?

ATTAINING THE KINGDOM OF GOD –

Man adjusts his thought world to the kingdom of divine ideas through a ***process of denial*** by which he eliminates from consciousness all inharmonious ideas, and through ***affirmations of truth*** by which he establishes himself in harmony with divine ideas.

Charles Fillmore – *Metaphysical Bible Dictionary*

OUR SPIRITUAL POWER OF LOVE...

Love insists that all is good, and by refusing to see anything but good it causes that quality finally to appear uppermost in itself and in all things. Love breaks up opposing thoughts of hate and renders them null and void; you instantly feel a release of tensions in mind and body. In expression, love is the power that joins and binds in divine harmony the universe and everything in it.

Charles Fillmore – *Dynamics for Living*

DENY

This **illness** has no power over me.

AFFIRM

Divine Love harmonizes my cells with
the power of Life.

DENY

My job is not my source.

AFFIRM

Divine Love attracts infinite Substance
to provide my good.

DENY

No one has the power to determine my worth.

AFFIRM

Divine Love, manifest yourself as me now.

Unity in Naperville values Love

HOW LOVE BEHAVES...

I look for the Christ in everyone. I listen to others with empathy. I am kind and supportive. I am friendly and include others in conversations.

I become acquainted with people who are different from me.

**Love is the power that can banish
hospitals, old age, loneliness,
unhappiness, and want. It is the power
that can heal the human body, set us
free from all bondage; but first it must
be set free to work through us.**

Sue Sikking



