

What is Unity?

Intuition

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This Spirit of wisdom is right now a part of the consciousness of everyone. It is in you and about you, and you will come into conscious relations with it when you believe on it and its powers. If you ignore it and thereby deny that it exists in you and for you, you remain in the darkness of ignorance. It is exactly as if a person lived in the basement of a large house and refused to go upstairs, declaring that because the upper rooms did not come down to him or her they were not there.

Charles Fillmore – *Keep A True Lent*

As there is no screen or ceiling
between our heads and the infinite heavens,
so there is no bar or wall in the soul,
where man, the effect ceases and
God, the cause, begins.
The walls are taken away.
We lie open on one side
to the deeps of spiritual nature,
to the attributes of God.

Ralph Waldo Emerson – *The Oversoul*



***“Subconscious!
Only take instruction
from my Higher Self.”***

**The wisdom of Divine Mind
is expressed in all
that I think, say, and do.**

Expanding our intuition

Listen to your body

Raise Vibration/Time for Joy

“I am intuitive”

Time in the Silence

Ask – Stay Tuned - Listen

Review the day for hits

Think of ones you Love

Open your heart

Avoid heavy energy

Write down intuitions

Expect a response / notice

Affirm spiritual Truth

Monitor your words

Be in Nature

Share your experience

Spirit already knows us to be everything we wish to be. We already are.

The only thing that holds you back from intuition is not fully allowing your own love to be realized by you.

Sara Landon - *You Are A Channel*



**I remember the
infinite wisdom that
lies within me.**



I realize I'm a powerful extension of Source Energy.



**I am opening and expanding my
intuition and fully allowing its
Love and Wisdom.**



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