



What is Unity?

My Real I.D.



Our REAL I.D.

Is it not written in your law, “I said, you are gods?”

John 10.34

They are not of the world, even as I am not of it.

John 17.16

The glory you have given me, I have given them.

John 17.22

Our REAL I.D. – “Individuality”

Individuality is the personal unique manner
in which each individual
expresses the Universal Christ idea.

Unity Metaphysics 1

Knowing others is intelligence,
knowing yourself is true wisdom.
Mastering others is strength,
mastering yourself is true power.

Lao Tzu

CHARACTERISTICS of PERSONALITY

Agonizing / Need to Control

Judged – by others/God

Demoralizing / Debilitating

Critical / Shaming self, others

Dissonant / Negative

Defensive / Unclear / Fearful

Guilt-trip / Victim

Intimidated / Insecure

Isolated / Separate

Second-guessing / Suspicious

Self-absorbed / Drama Queen

Demanding / Hostile / Dictator

**Achieve good thru hard work,
money, approval, Botox**

CHARACTERISTICS of INDIVIDUALITY

All are One – No separation

Follow Intuition / inner wisdom

Heart Energy = Warm Buzz

Harmonious / Easy Going

Relief / Thoughts ring true

The Real Me / Genuine / Authentic

Satisfied / Confident

Light-hearted / Happy / Laughter

Creative / Life Affirming

Calm / Clear / Tolerant / Respectful

Forgiving / Loves Unconditionally / Accepting

Encouraging / Goodness / Generous

Positive / King / Light / Enthusiastic / Present

Unlike the culture around you,
always dragging you down
to its level of immaturity,
God brings the best out of you,
develops well-formed maturity in you.

Romans 12.2

The only thing you need to learn is
that you already are what
you're seeking to attain.

Just express your uniqueness
fearlessly with abandon!

That's why you're made the way you are,
and that's why you're here in this physical world.

Anita Moorjani – Dying to Be Me

REAL I.D. STATEMENTS

- I am a unique expression of God.
- I am the Holy Force, having a human experience.
- I am a spark of the Divine, shining my Light as (name).
- I am infinite and eternal, unbound by human limitation.
- I am unconditional Love, no matter what my false self thinks.
- Even when the ego is confused or worried, I know what is Real and True.
- Even in the midst of chaos or uncertainty, I am the Peace that passes understanding.
- I am an expression of Divine Love and can only know Love for myself and others.





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