





Unity's 4th Principle

**There is only one Presence
and one Power in the
Universe and in my life,
the all-loving goodness of God.**

Unity's 1st Basic Principle

**We are each individual
expressions of God,
and therefore inherently good.**

Unity's 2nd Basic Principle

**We create our life experience
through our thoughts,
feelings and beliefs.**

Unity's 3rd Basic Principle

**Affirmative Prayer consciously
aligns our thoughts with
the Truth about God in our lives.**

Unity's 4th Basic Principle

What you need is to forget how worried and confused you are and remember how wonderful you are. The root word from which prayer is derived is pal-al from the ancient Sanskrit which literally means "judging oneself to be wondrously made." A new horizon opens to those who begin to think of prayer as knowing how wonderful they are, how creative, how at one with the divine flow.

Eric Butterworth – *The Universe is Calling*

Prayer is not an act of overcoming God's reluctance, but should be an active acceptance of His highest willingness, recognizing spiritual law and putting ourselves in alignment with it.

Ernest Holmes – *Science of Mind*

Do not supplicate or beg God for what you need but get still and think about the inexhaustible resources of infinite Mind, its presence in all its fullness, and its constant readiness to manifest itself.

Charles Fillmore – *Jesus Christ Heals*

NOT “please make me well...”

**BUT “Thank you God for the constant
renewing Life in every cell of my being.”**

NOT “please find me a job...”

BUT “Thank you God for prospering ideas that flow through my mind. I am now guided to my right and perfect employment.”

NOT “please get rid of my boss...”

BUT “Thank you God that nothing and no one is against me. The harmonizing power of love shows me the good in this relationship.”

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

Phil. 4:8

Prayer is not asking for things, it is the lifting of consciousness to the place where these things are.

Sue Sikking

God can only do for us what God can do through us.

Eric Butterworth

A LIFE OF PRAYER

1. Commit to daily Prayer Practice.

2. Concentrate on God's presence.

3. Be still and listen.

4. Affirm the truth of God in your situation.

5. See and feel God's truth.

6. Give thanks for God's good.

7. Let go and let God handle the details.

**Affirmative Prayer consciously
aligns our thoughts with
the Truth about God in our lives.**

Unity's 4th Basic Principle

Prayer is communion between God and humanity. It is the only way to cleanse and perfect the consciousness and thus permanently heal any situation.

Charles Fillmore – *Revealing Word*



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