

The

Colors of Spirit

BLUE

Chakras

**Junction points between the
consciousness of Spirit and biology.**

Deepak Chopra

5th Chakra - THROAT

COLOR – BLUE

LOCATION – THROAT

ELEMENT – SPACE

TONE - G

5th Chakra - THROAT

PHYSICAL

Affects

Neck/Throat
Mouth/Teeth/Tongue
Vocal Cords
Speech
Thyroid
Larynx/Voice Box

Blocked

Thyroid Disorder
Sore Throat
Laryngitis
Ear Aches
TMJ – Tense Jaw
Stiff Neck

5th Chakra - THROAT

BEHAVIOR

Balanced

Communication –
Authentic, Honest,
Clear

Speak your truth
Express thoughts
& creative ideas

**In the beginning, God created...
The earth was formless and void.
Then God said...**

Gen. 1

**In the beginning was the Word...
the Word was God. Nothing came
into being without the Word.**

John 1

5th Chakra - THROAT

BEHAVIOR

Balanced

Communication –
Authentic, Honest,
Clear
Speak your truth
Express thoughts
& creative ideas

Blocked

Can't speak your mind
or say your needs
Misunderstandings
Dishonest
No meaningful words
Lack creativity

**For nothing is hidden that will
not be disclosed, nor is
anything secret that will
not become known
and come to light.**

Luke 8.17

VOICE OF INQUIRY

**What have I justified in life
that I don't really believe?**

Is Truth or fear guiding my decisions?

What lies do I tell myself?

VOICE OF INQUIRY

**What expectations of others
have I adopted for my own?**

**Where is my voice and what
other voices are covering up mine?**

What is needed for me to live authentically?

What is my truth?

**So shall my word be that goes out from
my mouth; it shall not return to me
empty, but it shall accomplish that
which I purpose and succeed in the
thing for which I sent it.**

Isaiah 55.11

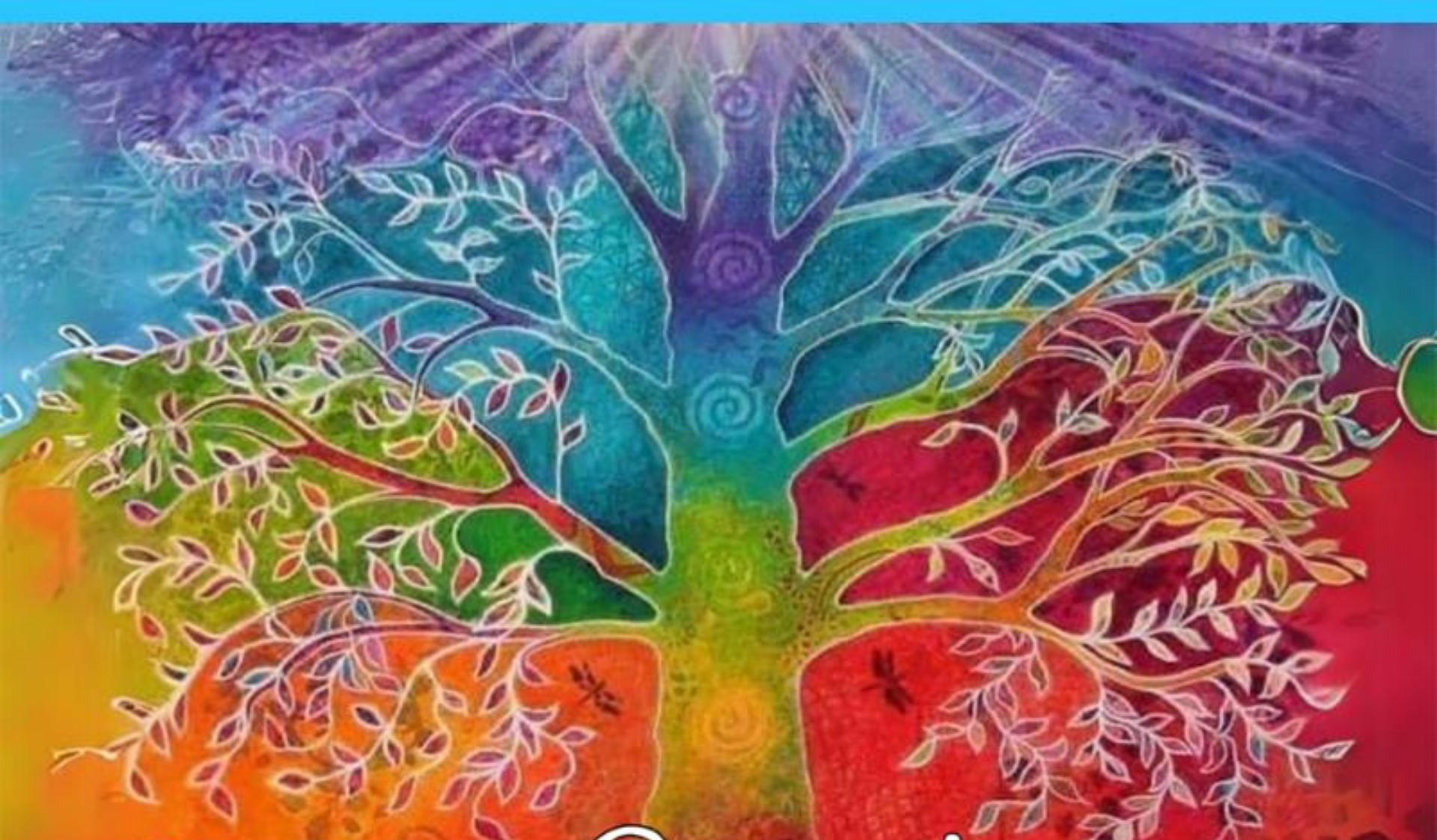
**The words I have spoken
to you are spirit and life.**

John 6.63



One reason people do not get benefit from their statements of Truth is that they fail to recognize or admit the power inherent in the words themselves. Repeating a statement once, admitting that it carries the creative energy of God, carries greater power by far than an often-repeated statement without this admission.

E.V. Ingraham



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