





SELF IMPROVEMENT PROBLEMS

- **Impatience**
- **Weight Loss**
- **Addiction**
- **Aging**
- **World changes**

- **Consistency**
- **Discipline**
- **Clarity / Direction**
- **Self Care**
- **Loving Self, finding love**

The Christ-self of us, the genius of us, the God-self of us, that which is the master within us, this is the wholeness of us. We're here to unfold the God-person that we're created to be and assume the position of mastery.

Eric Butterworth – *Super Consciousness*

We think reactively...we think about things rather than thinking creatively.

Eric Butterworth – *Super Consciousness*

**The mind that is crowded with the known
is not capable of releasing the flow of the
unknown.**

Eric Butterworth – *Super Consciousness*

We must be as alert to the matter of preparing ourselves for experiences and relationships in the world as a musician is to tuning his instrument before a performance.

Eric Butterworth – *Super Consciousness*

I MASTER THESE...

- Impatience
- Weight Loss
- Addiction
- Aging
- World changes
- Consistency
- Discipline
- Clarity / Direction
- Self Care
- Feeling loved

with TRUTH:

I am more than a physical body. I AM Spirit & Master of this body. I am more than an intellect. I AM Spirit & Master over my thoughts. I am more than my emotions. I AM Spirit & Master over my feelings. I AM Spirit & Master of this human experience & direct my body, mind & emotions to work for my highest good. I live from the Truth and I am set free.



