





PROBLEMS WITH OTHERS

- **Accepting those with different beliefs**
- **Difficult family, co-workers, employees**
- **Forgiveness, forgetting the past**
- **Abusive people, criminals**
- **Loved ones with problems**

SPIRITUAL SOLUTIONS

1. They are not my source of Good.
2. There is room enough for variety.
3. There's enough good for all.
4. Getting their way doesn't deprive me of my needs.
5. They have no power over me.
6. Nothing stands between me & God's good.
7. I am perfect and whole on my own.
8. No one determines my value.
9. All beings are God in expression.
10. How might I support them?
11. I love, allow and accept them as they are.
12. Frequency of Love reveals all Truth.
13. I address their needs without judgment.
14. I am not their source of good.
15. I'm an expression of God & so are they.
16. Nothing diminishes my value.
17. Knowing the Truth of their being helps them to do the same.
18. They came here for their own reasons, not mine.
19. There's no cost to encourage, only benefit.
20. What is good about them?
21. They are Spirit and perfectly capable to live from their Higher Self.
22. I see their Spirit and celebrate its potential.
23. How can I be God for them?
24. There's no need for offense...they have no power over me.
25. I release my past and embrace my potential.
26. My past only has the power I give it.
27. My divine nature is always perfect.
28. Mistakes belong to my ego. I am Spirit and more than the ego.
29. What I focus on expands.
30. I focus on what I desire, not what I regret.
31. I am already whole, with or without their support.
32. They are not mine to fix...only to love.
33. Maybe I'm in their life to learn something.
34. Solutions find their way into a Higher Consciousness.
35. What about ME needs to change?
36. What part have I played in creating this?
37. What in them mirrors something in me?
38. Would they still be difficult if I didn't depend on them?
39. I'm sorry, please forgive me, thank you, I love you.



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One of the things we absolutely know about energy is that when higher/faster energy comes in contact with lower vibrations, they're converted into higher energy. Thus, light entering a dark room not only eliminates darkness but converts that darkness to light as well. The parallel I'm drawing here is that when we enter the energy field of someone who's connected to Spirit, we find ourselves not only forsaking our uninspired ways, but also converting to their higher energy – in other words, we become inspired just by being in their presence.

Wayner Dyer – Inspiration

Love your enemies and pray for those who persecute you. For if you only love those who love you, what reward do you have? Be perfect, therefore as your heavenly Father is perfect.

Matt. 5.44

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One cannot pray in the consciousness of love except that all experience that sense of love in some way. Thus peace can begin with me, and one person can do something positive and powerful about the consciousness of the world.

Eric Butterworth – *The Unity Principle*

I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven and whatever you loose on earth will be loosed in heaven.

Matt. 16.19



