

*Change(less)*

“We must look within to the changeless,  
to the eternal and unconditioned.  
Recognition of the Infinite within  
ourselves is the first step to realization  
and alignment with our true essence.”

– Ernest Holmes, *The Science of Mind*

Change(less)

"Your consciousness is the Christ,  
the very presence of God."

- Joel S. Goldsmith

"The Christ within, or the 'I am'  
realization, is the true light which  
lights every man who comes into the  
world, and by fostering it we bring  
into manifestation the divine ideal."

- Thomas Troward

Change(less)

“Therefore, if anyone is in Christ,  
the new creation has come: The old  
has gone, the new is here!”

– 2 Cor 5:17 (NIV)

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“Change can be exciting and refreshing. Embrace change, and you begin to see it not as a threat, but as an opportunity for growth and new experiences.”

– Louise Hay, *You Can Heal Your Life*

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AFFIRMATION:

When everything changes,  
I look to the changeless...

I am the Christ,  
And all is well.

*Change(less)*



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