



Myrtle's
Metaphysics

I was thinking about life. Life is everywhere - in worm and in man. Then why doesn't the life in the worm make a body like man's? Then I thought, the worm has not as much sense as man. Ah! Intelligence, as well as life is needed to make a body. Here is the key to my discovery. Life has to be guided by intelligence in making all forms. The same law works in my own body. Life is simply a form of energy and has to be guided and directed in man's body by his intelligence. How do we communicate intelligence? By thinking and talking, of course.

Myrtle Fillmore

Physical
Condition

Outer Life
Experience

Cells receive instruction

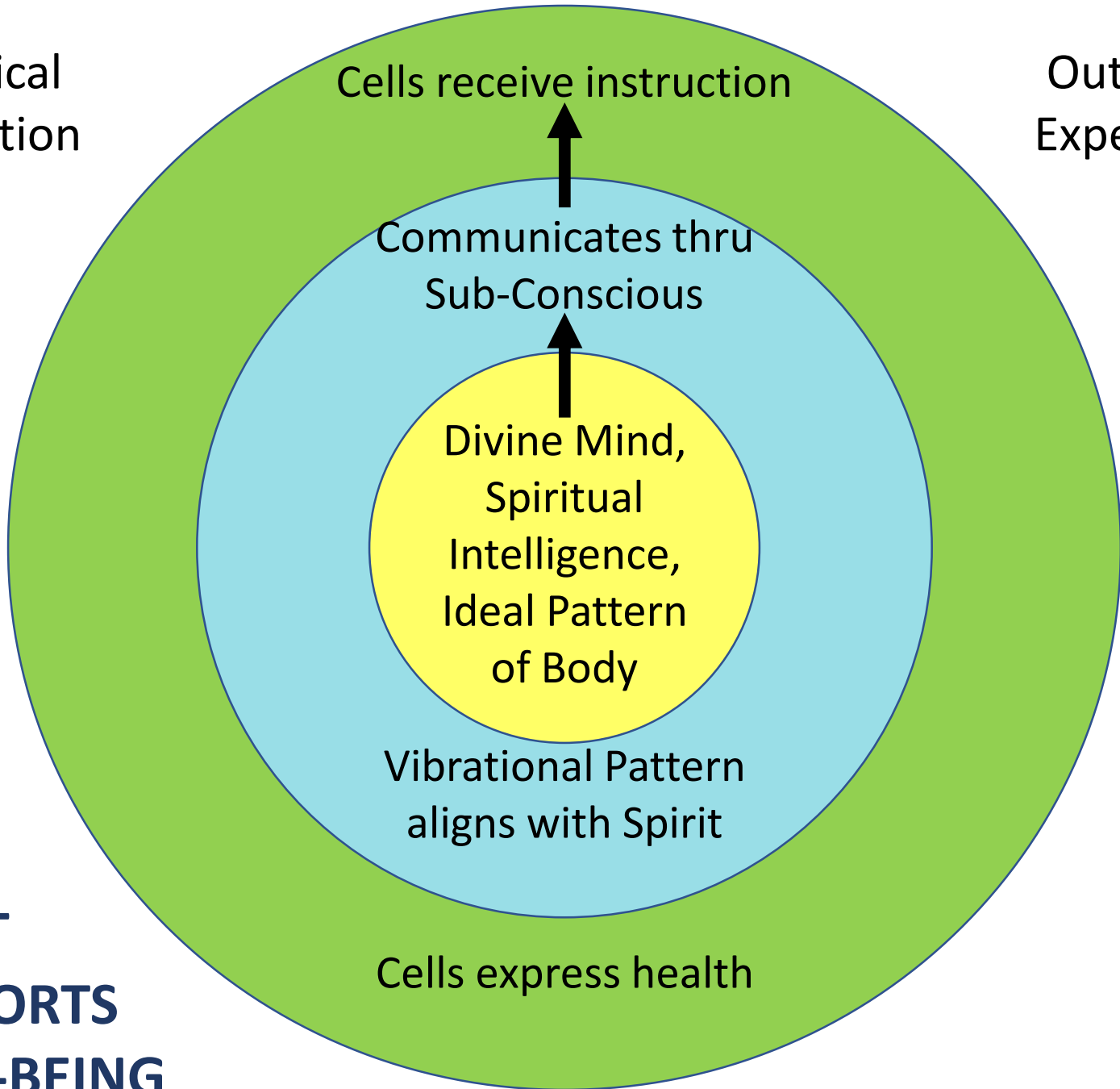
Communicates thru
Sub-Conscious

Divine Mind,
Spiritual
Intelligence,
Ideal Pattern
of Body

Vibrational Pattern
aligns with Spirit

Cells express health

**WHAT
SUPPORTS
WELL-BEING**



Instead of thinking about our apparent condition, we must concentrate our attention upon God, that we may become so aware of God's presence and God's perfect pattern of life and God's qualities that we will forget old errors and dissolve the conditions.

Myrtle Fillmore

**Disease is lack of harmony in the organism.
We consider sickness a sort of house-
cleaning to get rid of some of the kinks in
consciousness which don't measure up to
the standard of peace and purity, freedom
and plenty for which we have taken a stand.**

Myrtle Fillmore

Physical
Condition

**Cells CAN'T
receive instruction**

Outer Life
Experience

**Can't communicate
thru Sub-Conscious**

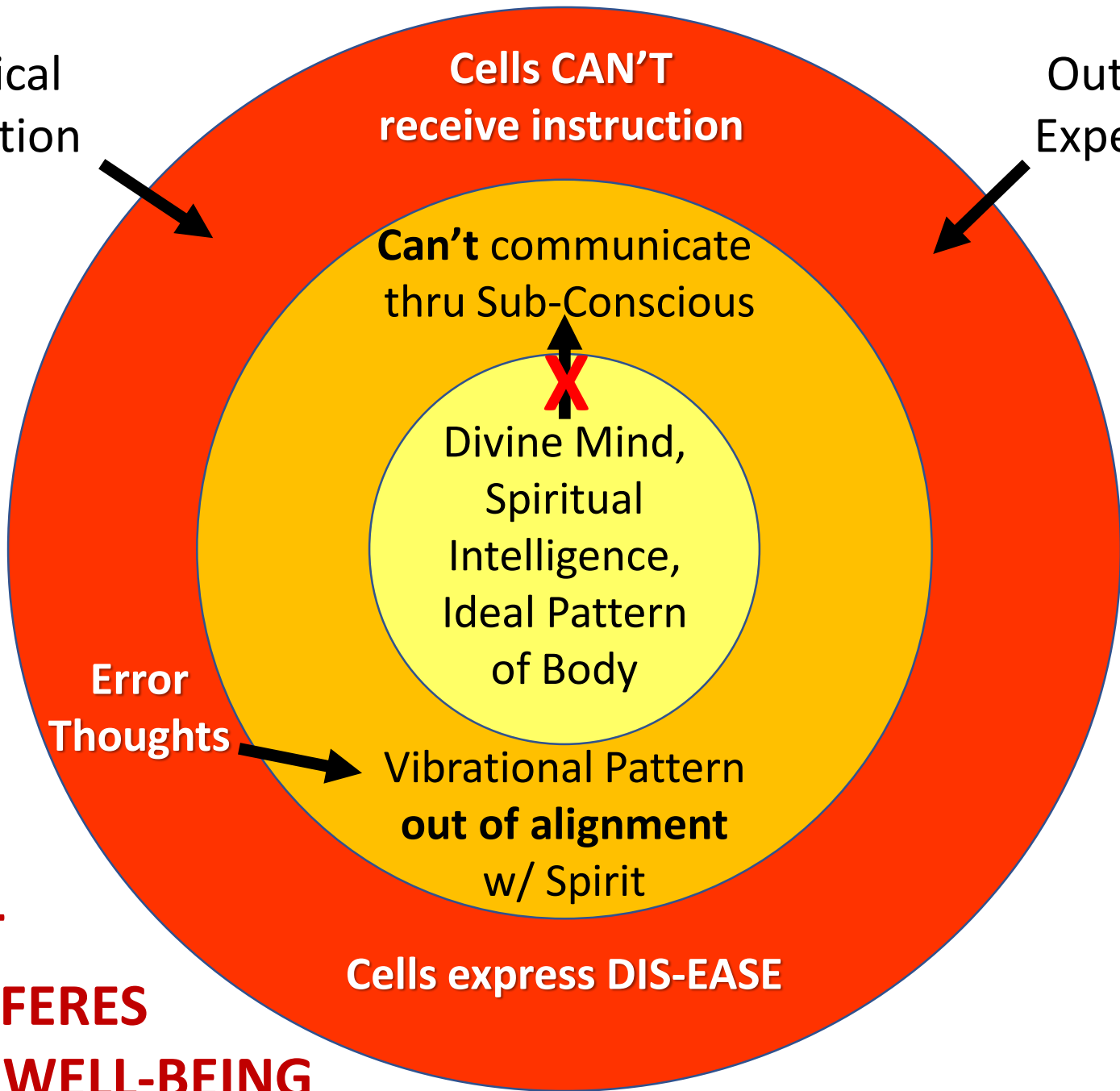
X
Divine Mind,
Spiritual
Intelligence,
Ideal Pattern
of Body

**Error
Thoughts**

Vibrational Pattern
out of alignment
w/ Spirit

Cells express DIS-EASE

**WHAT
INTERFERES
WITH WELL-BEING**



If all the bodily ills of all people in the world were healed instantly, they would soon be sick again, unless they were taught the Truth. Until there is a change made in mind and living habits, the same thing which caused the so-called disease will continue to reproduce it. Our prayers are for the purpose of awakening you to an understanding of God as your life, your health, your all-sufficiency in all things. Direct your prayers up into God consciousness to dissolve the old error beliefs and their physical counterparts.

Myrtle Fillmore

I at last came upon the identical thought that was causing such annoyance in its externalization. I could even see that the effect followed the cause as surely as the report of thunder follows the flash of lightning. I determined to handle all that came to me, before I “swallowed it” and allowed it to irritate, cut, and weaken my nerves and organs. As I gained real poise and the ability to keep my thoughts and feelings truly free, I was healed and restored to strength and normal functioning.

Myrtle Fillmore

There are not enough actions in the world to compensate for Vibrational resistance.

Esther Hicks – *Getting Into the Vortex*

Then it flashed upon me that I might talk to the life in every part of my body and have it do just what I wanted. I went to all the life centers in my body and spoke words of Truth to them – words of strength and power. I began to teach my body and got marvelous results. I told the life in my liver that it was not torpid or inert, but full of vigor and energy. I told the life in my stomach that it was not weak or inefficient, but energetic, strong and intelligent. I told my limbs that they were active and strong. I told my eyes that they expressed the sight of Spirit. I told my heart that the pure love of Jesus Christ flowed in and out through its beatings.

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I asked my body for forgiveness for condemning it and calling it weak. I did not let any worried or anxious thoughts into my mind, and I stopped speaking gossipy, frivolous, petulant, angry words. I did not become discouraged at the life centers being slow to wake up, but kept right on declaring the words of Truth, until the organs responded.

Myrtle Fillmore

Be sure to get in a constructive attitude of mind before you go to sleep at night, by recalling the blessings of the day and the blessings of your life, and thinking of the Goodness of God; then all during the night the little helpers in the body temple will rebuild, for you will have given them true thought substance for this purpose.

Myrtle Fillmore

Here is a mental treatment that is guaranteed to cure every ill: sit for half an hour every night and mentally forgive everyone against whom you have any ill will or antipathy.

Charles Fillmore

It's no longer a theory that God is Life and Substance. His presence has become to us a mental visibility and we know and feel the power of the Divine Word as plainly as one having hold of the wires of a great battery.

Myrtle Fillmore



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