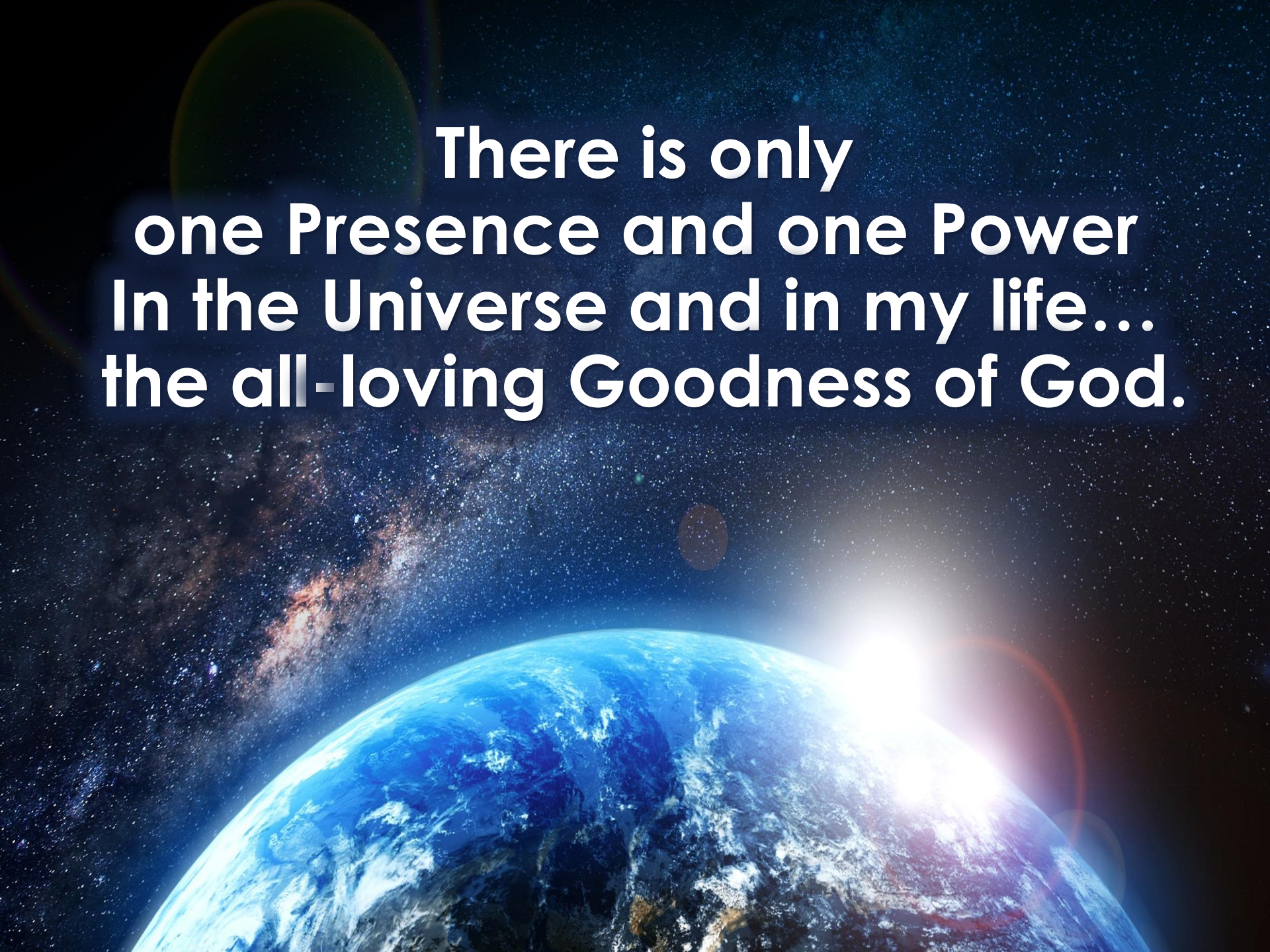


Living My Spirituality

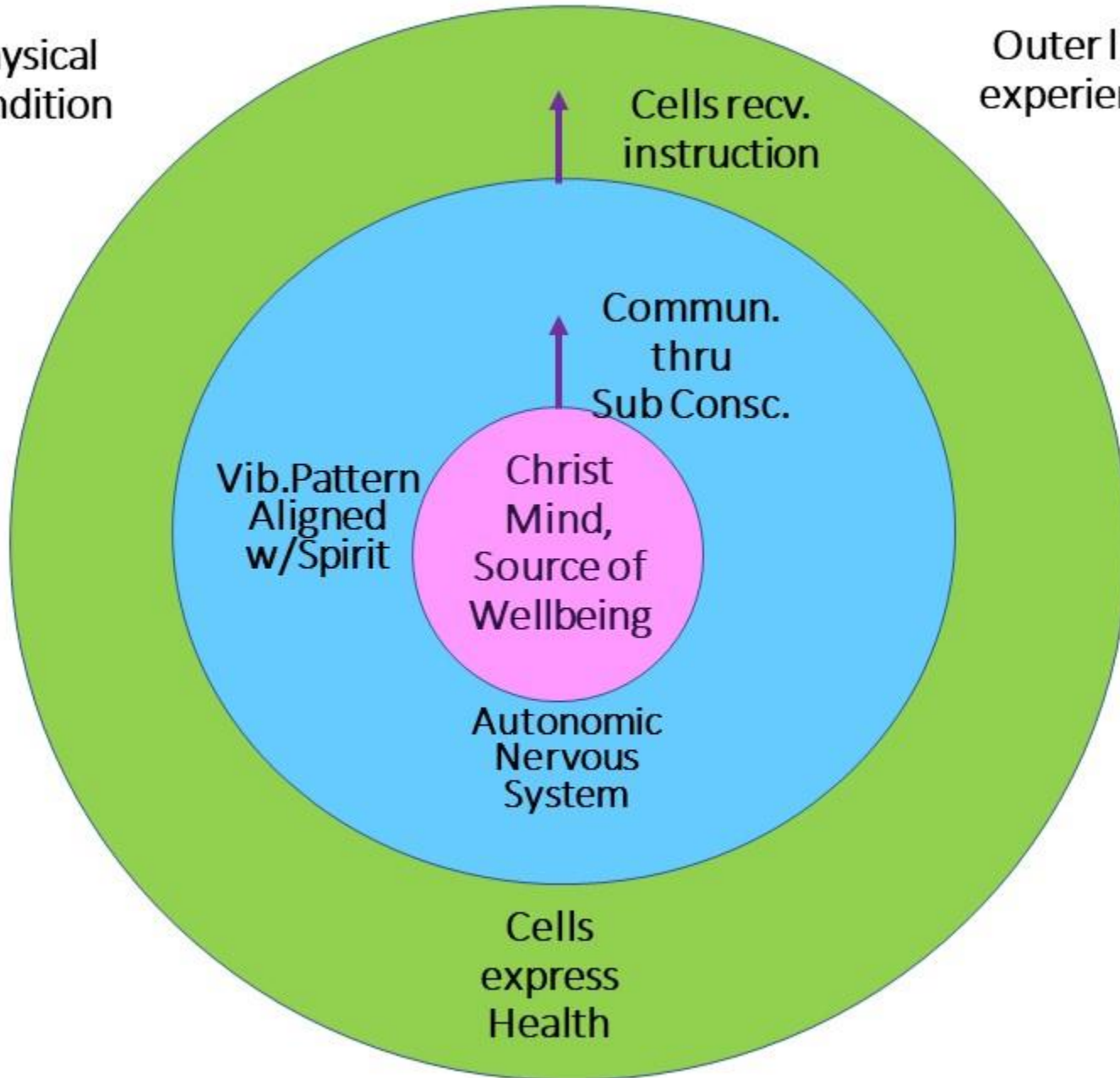


A composite image of Earth from space. The Earth is shown in the lower half, with blue oceans, white clouds, and brown landmasses. The Milky Way galaxy is visible in the upper left, and a bright sun is in the lower right, creating a lens flare. The background is a dark starry sky.

**There is only
one Presence and one Power
In the Universe and in my life...
the all-loving Goodness of God.**

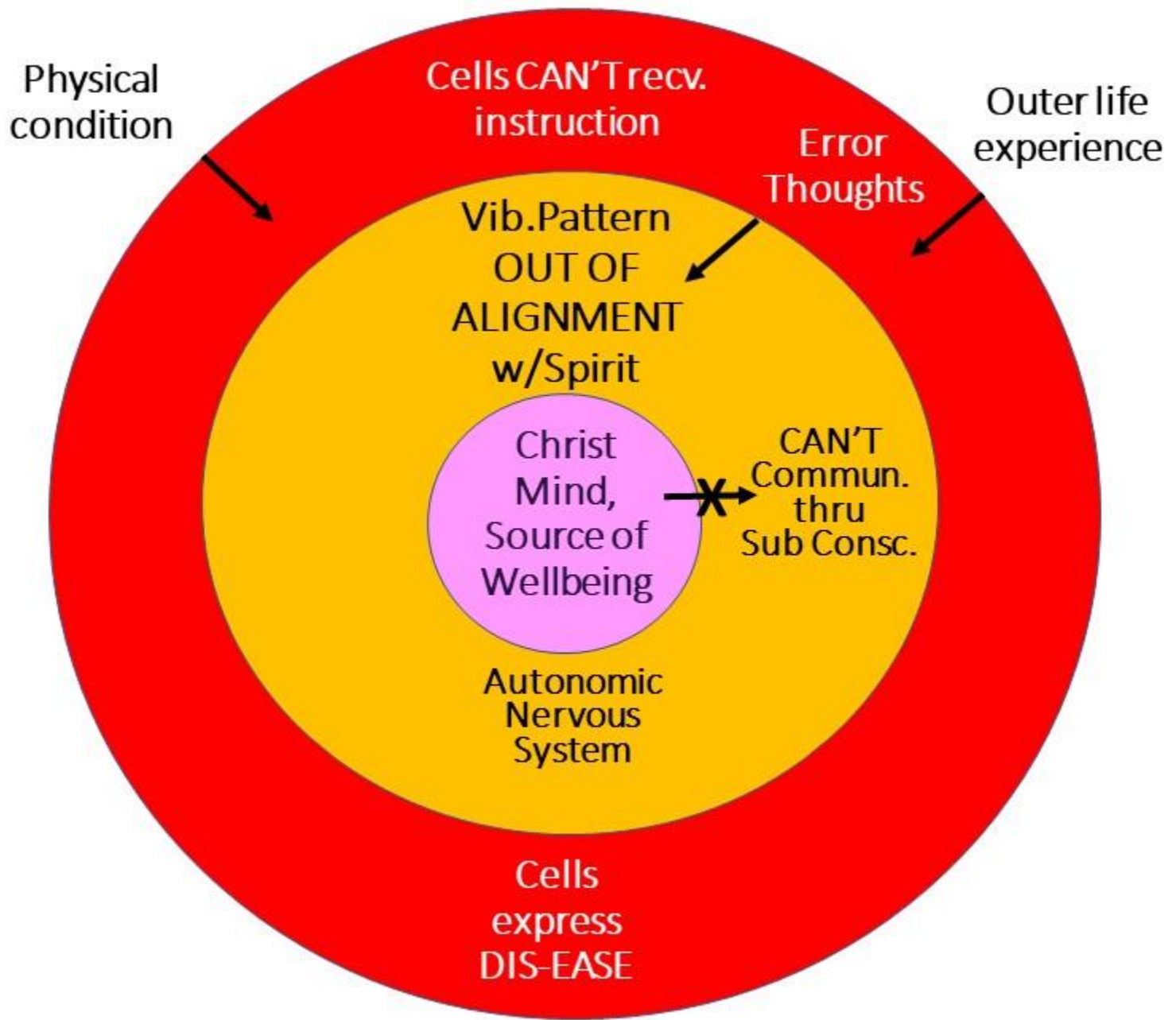
Physical
condition

Outer life
experience



In right relation, everyone is the inlet and the outlet of an everywhere present life, substance, and intelligence. It is necessary that the person blend his or her life consciously with God life, intelligence with God intelligence, and the body with the spiritual body. Humankind is in God-Mind as a perfect idea. God-Mind is constantly trying to express in everyone its perfect idea, the real and only human being.

Charles Fillmore – *Christian Healing*



He could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Mark 6.5-6

Take no thought for your life, about food or drink, or about clothing for your body. Can any of you by worrying add a single hour to your span of life? Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met.

Matt. 6.25-33

Treat yourself to think perfection of the person you are treating. Do not try to change the other person's thinking by the power of your own thought. Simply treat yourself for your conception of him. You must first be able to completely accept in your own mind his spiritual perfection. You move Universal Mind by projecting your conception into it; Universal Mind moves him. When you have done that, the healing will be effected.

U.S. Andersen – *Three Magic Words*

When Christ who is your life is revealed, then you also will be revealed with him in glory.

Col. 3.4

The Healing Presence within you is already Perfect, and it is your recognition of this Perfect Indwelling God which makes possible the execution of the Law of Wholeness.

Ernest Holmes – *Living the Science of Mind*

Praying for Others...

...in **SICKNESS** – Life, Strength, Vitality, Clarity, Soothing, Balance, Renewal, Love

...in **LACK** – Substance, Abundance, Flow, Freedom, Supply, Generosity, Provision

...in **CONFLICT** – Love, Forgiveness, Allowing, Accepting, Peace, Oneness, Worthiness

...in **CHAOS** – Wisdom, Intelligence, Guidance, Truth, Light, Gratitude

Shift in Consciousness

- RELAX

...

- LET GO of negative emotions

- CENTER in Greater Power

- ONENESS with other person

- GIVE THANKS

- SEE AS ALREADY WELL

You are a spiritual being.

**You are established in
health and wholeness now.**

You're not saying this to make it true. You are articulating that which is true in a spiritual, realistic appraisal of life. The affirmation adds firmness to our conscious of oneness. You're not making it happen, but you're waking up to the realization of the divine happening, which is always the reality of you.

Eric Butterworth – *Practical Metaphysics*

Healers Care Deeply...

“We must care for others deeply and urgently, wholly and immediately. Our mind and spirit must reach out to them with love. Intense caring in some way is transmitted to the client. When we pray in accordance with the law of love, we pray in accordance with the will of God.”

LeShan, in praying for others, found when he cared deeply he could shift his consciousness and feel a sense of oneness with clients, and positive biological changes often occurred.

Robert & Janet Ellsworth quote Lawrence LeShan in *Come Apart for Awhile*

Healers Care Deeply...

To make the prayer of love is to see the one for whom we are praying about perfect in spite of flaws, which calls forth the highest and best in everyone. Love does not say “May it be as I wish it”. Love says to each one, “May you follow the law of growth of your own being. May you be what your own uniqueness makes you to be.” Love gives the loved one to life.

James Dillet Freeman – *Prayer, the Master Key*

