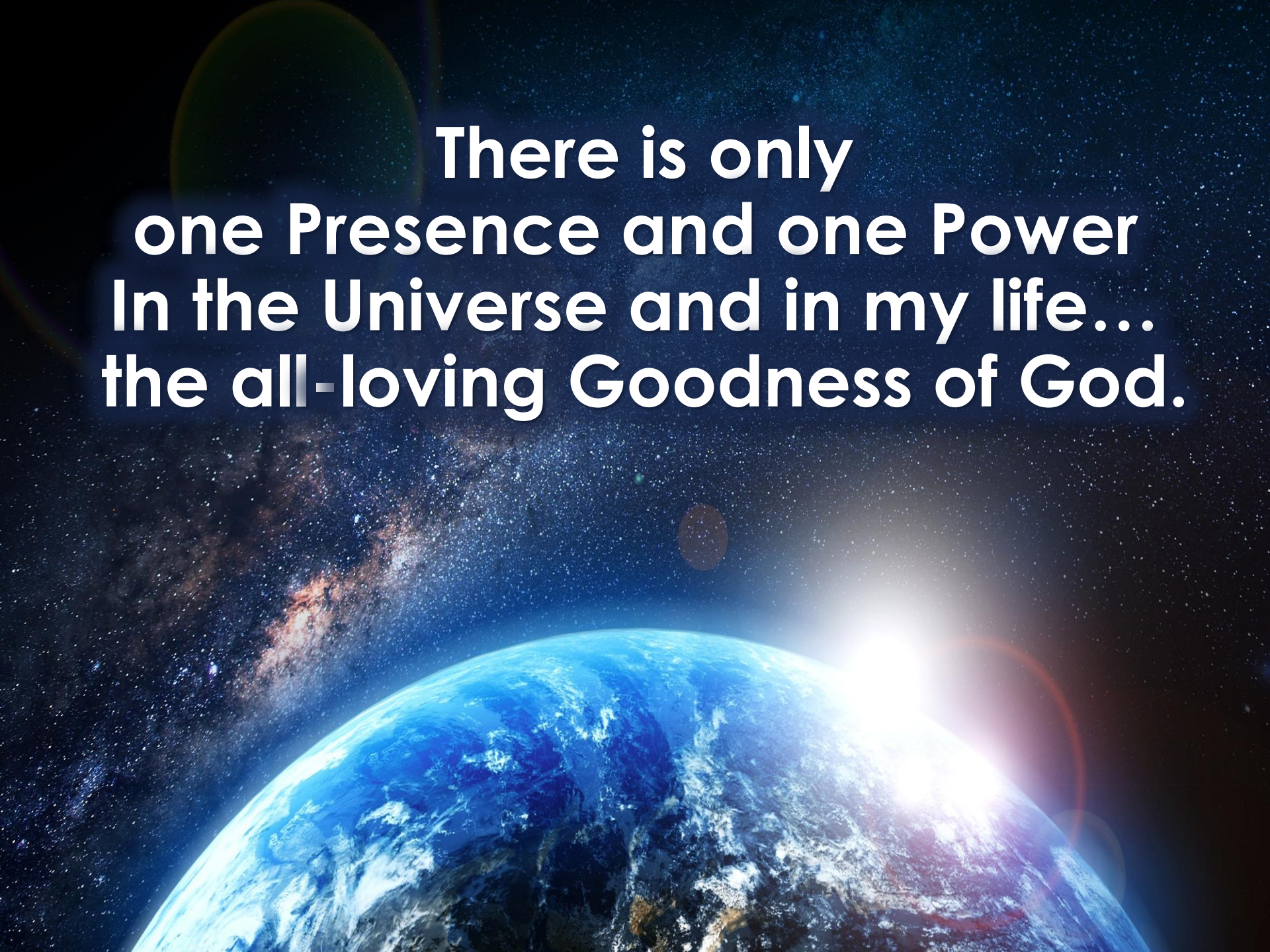




DAILY WORD

Healing

A composite image featuring a view of Earth from space, the Milky Way galaxy, and a bright sun or star with lens flare effects. The text is overlaid on the upper portion of the image.

**There is only
one Presence and one Power
In the Universe and in my life...
the all-loving Goodness of God.**

Within the consciousness [of God Mind] is the idea of the perfect body, and this Ideal Pattern is constantly seeking to renew the body after Itself. When our mind is in tune with its Christ nature it becomes harmonious, and this state of consciousness will maintain order in the bodily functions.

John Randolph Price – *The Superbeings*

There is within me the perfect pattern of a perfect body, even the Christ body. I constantly turn my vision to this body and in accordance with its pattern, my body is strong, vital, alive all over, disease-less and incorruptible. Every cell is illumined by the Christ life within. The life stream flows peacefully through me. My whole body coordinates with the Christ body to bring its inner perfection into expression.

Frances Foulks – *Effectual Prayer*

Physical
Condition

Outer Life
Experience

Cells receive instruction

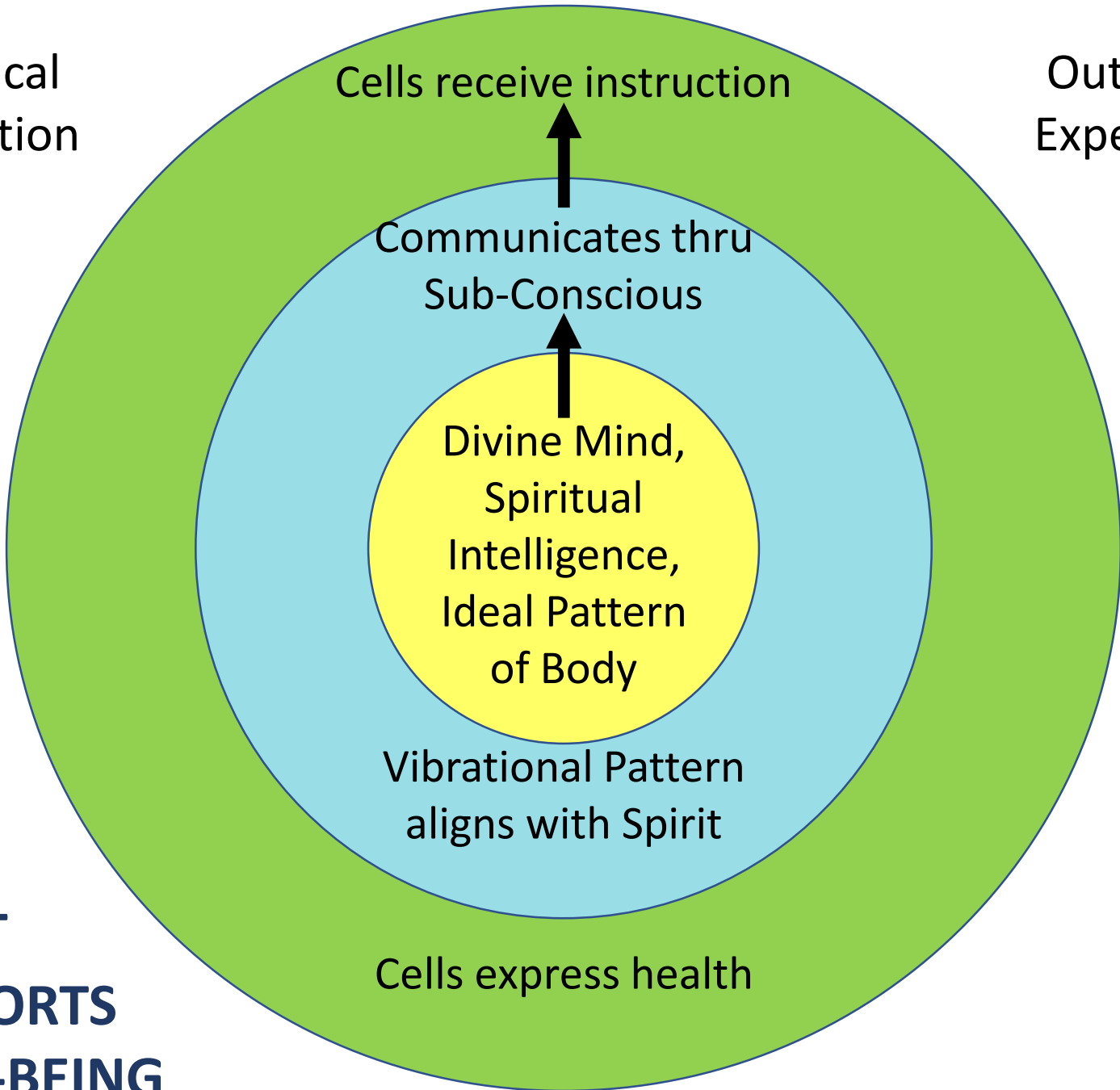
Communicates thru
Sub-Conscious

Divine Mind,
Spiritual
Intelligence,
Ideal Pattern
of Body

Vibrational Pattern
aligns with Spirit

Cells express health

**WHAT
SUPPORTS
WELL-BEING**



You are more Source Energy
than flesh.

Esther Hicks

Spirit occupies the place
that matter claims to occupy.

Emma Curtis Hopkins

Physical
Condition

**Cells CAN'T
receive instruction**

Outer Life
Experience

**Can't communicate
thru Sub-Conscious**

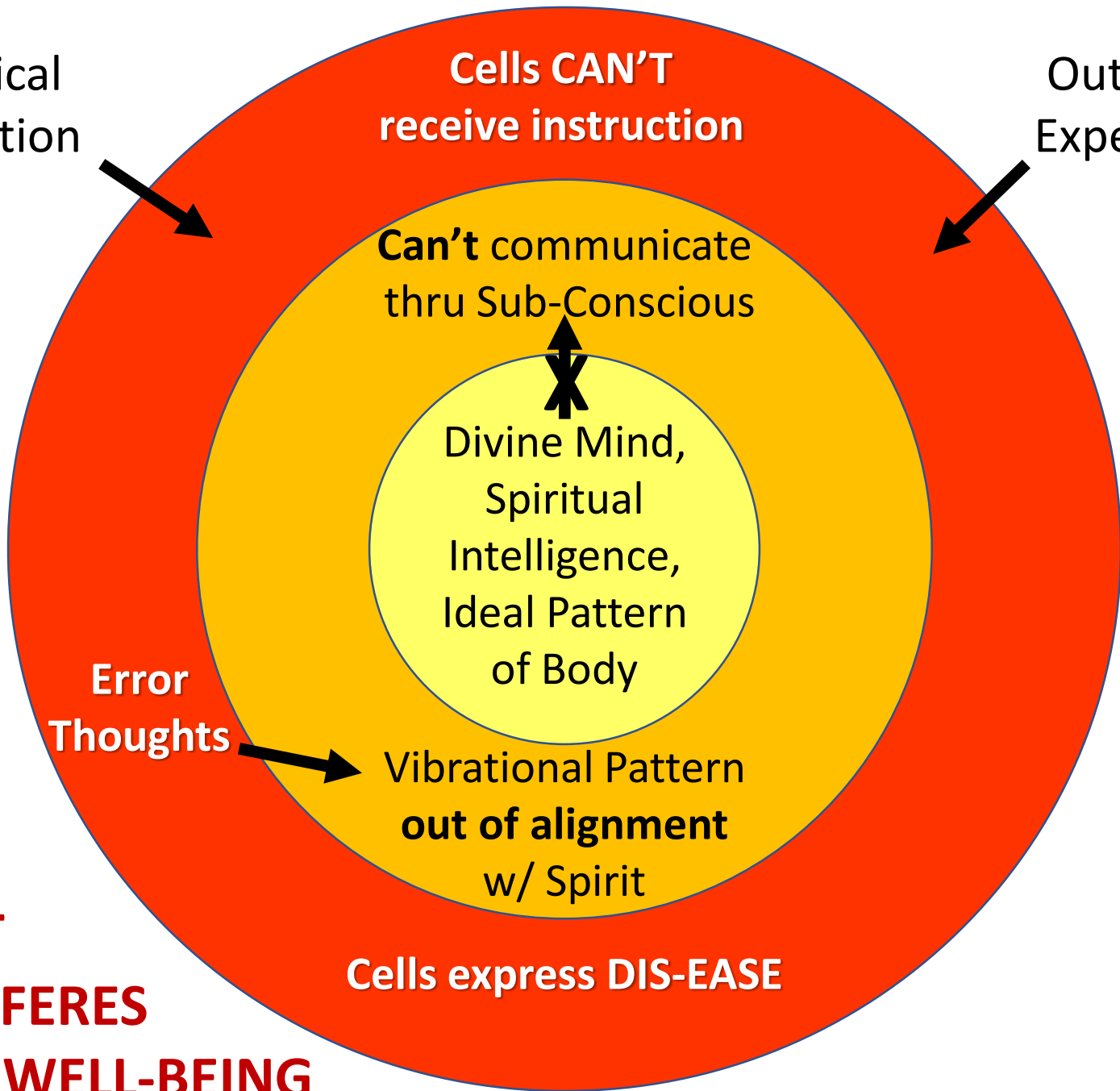
Divine Mind,
Spiritual
Intelligence,
Ideal Pattern
of Body

**Error
Thoughts**

Vibrational Pattern
out of alignment
w/ Spirit

Cells express DIS-EASE

**WHAT
INTERFERES
WITH WELL-BEING**



The continual realigning process hinges on cellular communication... from one cell to another... and Vibrational communication between the physical and Non-Physical aspects of those cells. And when you are feeling negative emotion, you are in the state of hindering that cellular communication.

Abraham-Hicks – Getting Into the Vortex

If all the bodily ills of all people in the world were healed instantly, they would soon be sick again, unless they were taught the Truth.

Myrtle Fillmore

SPIRITUAL HEALING PRACTICES

- Focus Thoughts**
- Light, Energy**
- Imagination, Feelings**
- Words of Truth**

Belief comes by hearing, and hearing by the word of Christ. Set aside a time every day, a definite time, and pray whether you believe or not. Take a Truth statement and repeat it over and over. It does not matter that at first you do not believe it to be true. If you will persistently affirm Truth, you will find that your prayers have power and will succeed.

Charles Fillmore

An affirmation adds firmness to our consciousness of Oneness. You're not making it happen, but you're waking up to the realization of the divine happening, which is always the reality of you.

Eric Butterworth – *Practical Metaphysics*

SPIRITUAL HEALING PRACTICES

- **Focus Thoughts**
- **Light, Energy**
- **Imagination, Feelings**
- **Positive Words**
- **Gratitude, Love, Forgiveness**

SPIRITUAL TREATMENT

- **Put your mind on the Source**
- **Aware of Divine Intelligence within**
- **Relaxed, Confident in Divine Pattern**
- **See Divine Qualities reflected (in you/loved one)**
- **Repeat several times a day**
- **Believe idea of Divine Power working within**

Treatment means the harmonious interaction and direction of the conscious and subconscious power for a specific purpose. In treating others or ourselves, we never identify with the disease. We have compassion for the person momentarily, then we go to God and heaven, realizing the ideal perfection of the patient. Fear and doubt cannot enter where confidence in God's power is. In prayer, we are one with God, the only presence and power.

Joseph Murphy

In the midst of the illness is the Allness of...

- Life, Strength, Power
- Purity, Wholeness, Harmony
- Love, Flow, Freedom
- Clarity, Health, Balance
- Comfort, Peace, Serenity

“God is the life of my child, and God’s healing power is flowing through every atom of his being. The peace of God floods his mind and body, and through God’s power my child is made whole.”



Life loves me and I love life!