



The background is a composite of space imagery. At the bottom, the blue and white horizon of Earth is visible. Above it, the Milky Way galaxy stretches across the dark sky, showing its characteristic spiral structure and dust lanes. A bright sun or star is positioned on the right side, creating a large, multi-colored lens flare that illuminates the scene. The overall color palette is dominated by deep blues, blacks, and the vibrant colors of the galaxy and sun.

**There is only
one Presence and one Power
In the Universe and in my life...
the all-loving Goodness of God.**

DAILYWORD



Grow

The comfort zone is a behavioral state within which a person operates in an anxiety-neutral condition, using a limited set of behaviors to deliver a steady level of performance, usually without a sense of risk.

Judith Barwick – *Danger in the Comfort Zone*

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**All growth starts at the
end of your comfort zone.**

Tony Robbins

There is no perfection, for that would indicate an end state. Rather there is ongoing evolution as well as involution. You can strive all you want for perfection, but you will never get there, for such a state does not exist. There are simply greater and greater states of being.

Suzanne Giesemann – *Awakened Way*

**If you do not bring forth what is within
you, what is within you will destroy you.**

Gospel of Thomas

My comfort zone is like a little bubble around me, and I've pushed it in different directions and made it bigger and bigger until these objectives that seemed totally crazy eventually fall within the realm of the possible.

- Alex Honnold

**Spiritual evolution is the unfoldment of
the Spirit of God into manifestation
through our consciousness.**

Charles Fillmore – *The Revealing Word*

**Let the same mind be in you
that was in Christ Jesus.**

Phil. 2.5

Knowing My True Self

The only **Presence** in this Universe and beyond is God, the good.

The only **Power** working in my life is the all-loving goodness of God.

The only **Source** of my supply is God, my instant, constant, abundant good.

The only **Mind** is divine Mind. My hesitation fades when I heed guidance from the Mind of God within.

Knowing My True Self

I live, move and have my being in and as this Presence, this Power, this Source, and this Mind – in God all things are possible.

I am an expression of the one Presence –
I am spirit, I am eternal, I am unlimited.

**I grow in HEALTH
as I know my True Self.**

**I grow in WEALTH
as I know my True Self.**

**I grow in WISDOM
as I know my True Self.**

Our Path to Growth

1. To know my Higher Self

**He who controls others may be
powerful, but he who has
mastered himself is mightier still.**

Lao Tzu – Tao Te Ching

Our Path to Growth

1. To know my Higher Self

2. To control my lower self



Callie Clemons

Our Path to Growth

- 1. To know my Higher Self**
- 2. To control my lower self.**
- 3. To give my Self away.**

**Let all that you do
be done in love.**

1 Cor. 16.14

