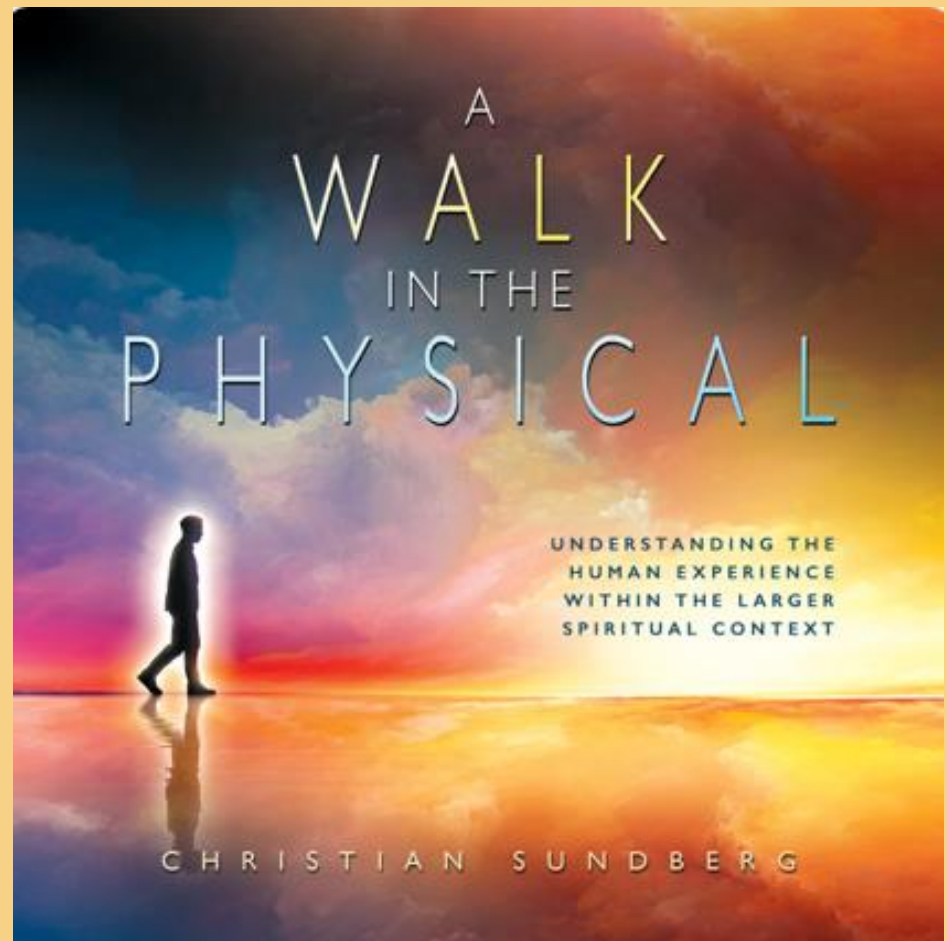


A close-up photograph of three bell-shaped flowers, likely from a Campanula species, hanging from a stem. The flowers are a mix of light purple and pale yellow, with delicate veining. They are covered in small, glistening water droplets. The background is a soft, out-of-focus green. Below the flowers, their colors and shapes are reflected in a pool of water, creating a shimmering, rippling effect.

Balance Between Buttons & Bliss

A WALK IN THE PHYSICAL

by **Christian Sundberg**



We wish to expand our joy and creative power by participating in Creation, and we wish to evolve the quality of our being so we can more deeply experience and express love and joy in a variety of creative contexts.

Christian Sundberg – *A Walk in the Physical*

The Son of Man must undergo great suffering, and be rejected by the elders, chief priests, and scribes, and be killed, and on the third day be raised.

Luke 9.22

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2

Step 3

Step 4

Step 5

Step 6

Step 7

No matter the type of experience we entertain, no matter how dark it may seem, we are always beings of love and creative power. As immortal spirits we are bold in the depths to which we are willing to go in the name of creativity and love.

Christian Sundberg – *A Walk in the Physical*

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3

Step 4

Step 5

Step 6

Step 7

“And Peter took him aside and began to rebuke him, saying “God forbid it, Lord. This must never happen to you.” But he turned and said to Peter, “Get behind me Satan. You are a stumbling block to me, for you are setting your mind not on divine things but human things.”

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3

Step 4

Step 5

Step 6

Step 7

Now my soul is troubled. And what should I say... 'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name.

John 12.27

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3

Step 4

Step 5

Step 6

Step 7

Our creative nature always operates. We alter the contents of our personal and collective experience by the nature of our own thoughts, beliefs and intentions. Be reminded of your power today! Reality is listening to you. What are you saying to it?

Christian Sundberg – *A Walk in the Physical*

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3 Make plans

Step 4

Step 5

Step 6

Step 7

As the time approached for him to be taken up to heaven, Jesus resolutely set out for Jerusalem.

Luke 9.51

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3 Make plans

Step 4 Release struggle, go with the flow

Step 5

Step 6

Step 7

In relinquishing all resistance and simply being present with “what is,” awareness naturally sees past the forms that were distracting it, and it is once again known that joy is always there!

Christian Sundberg – *A Walk in the Physical*

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3 Make plans

Step 4 Release struggle, go with the flow

Step 5 Feel the fear, but don't get stuck

Step 6

Step 7

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3 Make plans

Step 4 Release struggle, go with the flow

Step 5 Feel the fear, but don't get stuck

Step 6 Trust the Truth

Step 7

God's will is always perfection and all good for all His children; perfect health in mind and body, abundance of every good thing including joy, peace, wisdom and eternal life. He does not will suffering or imperfection in any form.

Charles Fillmore – *Revealing Word*

A Balanced Path to Purpose

Step 1 Embrace the calling

Step 2 Persistently choose the highest thought

Step 3 Make plans

Step 4 Release struggle, go with the flow

Step 5 Feel the fear, but don't get stuck

Step 6 Trust the Truth

Step 7 Take Action

Your goal for being here is not to survive. In fact, your body won't survive. Your goal is to shine joyfully as your true self, to bring the light of love into this experience, to grow toward genuine love, to process your fears, and to add to creation by being the real you. You are here to be genuine and to exercise true loving intent in common moments wherever you are.

Christian Sundberg – *A Walk in the Physical*

A close-up photograph of three bell-shaped flowers, likely from a Campanula species, hanging from a stem. The flowers are a mix of light purple and pale yellow, with delicate veining. They are covered in small, clear water droplets, suggesting a recent rain or dew. The background is a soft, out-of-focus green. The bottom half of the image shows the flowers and their reflections on a calm body of water, with the reflections appearing slightly distorted by ripples.

Balance Between Buttons & Bliss



Every challenge is
my chance to
feel the fear and
let love overcome.