



**Aging** with *Spirit*



**What do  
my successes  
and failures  
say about me?**





**What  
VALUES  
have  
influenced  
my life?**



**What  
BELIEFS  
have I  
formed?**



**Who  
Am I ?**



**What part  
of my life  
needs  
PRUNING?**



**Where  
is my  
Higher  
Self  
leading me?**



**Am I willing  
to try on a  
new point  
of view?**



Don't put new wine into old wineskins or the skins will burst, the wine will spill, and the skins will be destroyed; but put new wine into fresh wineskins, so both are preserved.

Matt. 9.16-17

**Am I willing  
to try on a  
new point  
of view?**



**What is  
my spiritual  
life about?**





1. What have my successes/failures shown me?

2. What are my values?

3. What are my beliefs?

4. Who am I / Why am I here?

5. What in my life needs pruning?

6. Where is my Higher Self leading me?

7. How am I living a spiritual life?



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**Every day is a  
new opportunity  
to reveal my  
divine potential.**