



**What
Matters
Most?**



UNITY Values

WHOLENESS

Definition – ALL:

Living in conscious communion with God, we remember we are spiritual beings who are perfect, whole and complete.

Rationale – KITTY:

Wholeness fulfills our life's purpose and creates our greatest good. It instills a sense of oneness and inspires us to express from our divine potential.

Behavior – ALL:

I participate in consciousness-expanding activities such as prayer, meditation, inward exploration, study and discussion. I share my gifts and talents. I view everything as a growth opportunity, and I live the truth that I know.



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LOVE

Definition – ALL:

Love is desiring God's highest good for ourselves and others. Love sees good everywhere and in every person, respecting individual differences and embracing our uniqueness.

Rationale – KITTY:

We choose love because it is the foundation of happiness and is the all-inclusive nature of God. It helps us to know God and be God. The energy of love raises our vibration and causes all things to work together for good.

Behavior – ALL:

I look for the Christ in everyone. I listen to others with empathy. I am kind and supportive. I am friendly and include others in conversations. I become acquainted with people who are different from me.



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This “underdeveloped” country is not inappropriate in any way. It has different desires and different standards, and it is not lesser than — it is just different. We did not all come to do it the same way. We did not all come to be alike. We came as a diverse bunch of Non-Physical Energies wanting different experiences.

Esther Hicks – Workshop 8/13/01



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In contrast to previous generations, Christian Millennials and Gen Z are more likely to attend school, work alongside, and develop relationships with people who live, look, and believe differently. Relational proximity has massive implications for cultural acceptance, social awareness, and interpersonal empathy.

CareyNieuwhof.com



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OPEN-MINDEDNESS

Definition – ALL:

Open-mindedness is a willingness to entertain new ideas and consider a broader vision.

Rationale – KITTY:

Open-mindedness supports our spiritual growth toward an experience of wholeness. It allows us to explore and consider new ideas. It enables the Christ within to express more fully.

Behavior – ALL:

I am flexible when presented with new or uncomfortable ideas.
I listen and consider the possibilities in different perspectives.
I respect the opinions of others.



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HUMOR

Definition – ALL:

Humor is a lighthearted, joyful perspective that enables us to look for the good in life.

Rationale – KITTY:

Humor lightens the spirit and helps us to be more open.

Behavior – ALL:

I smile at others. I allow joy to influence my thoughts.
I share the lighter side of life. I am open to being playful.



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