



What Is 
UNITY ?



We honor all paths to God.

We are one with God
and our nature is divine.

We read the Bible metaphysically.

We're part of a New Thought movement that
was influenced by Transcendentalism, mental
healing, and the teachings of Jesus Christ.

Our founders, Charles & Myrtle Fillmore,
both had their own healing experiences,
which led to Unity in 1891.



**I am a spiritual being
having a human experience
with the power to create
a life that's divine.**



**There is one God
and all things come from him.**

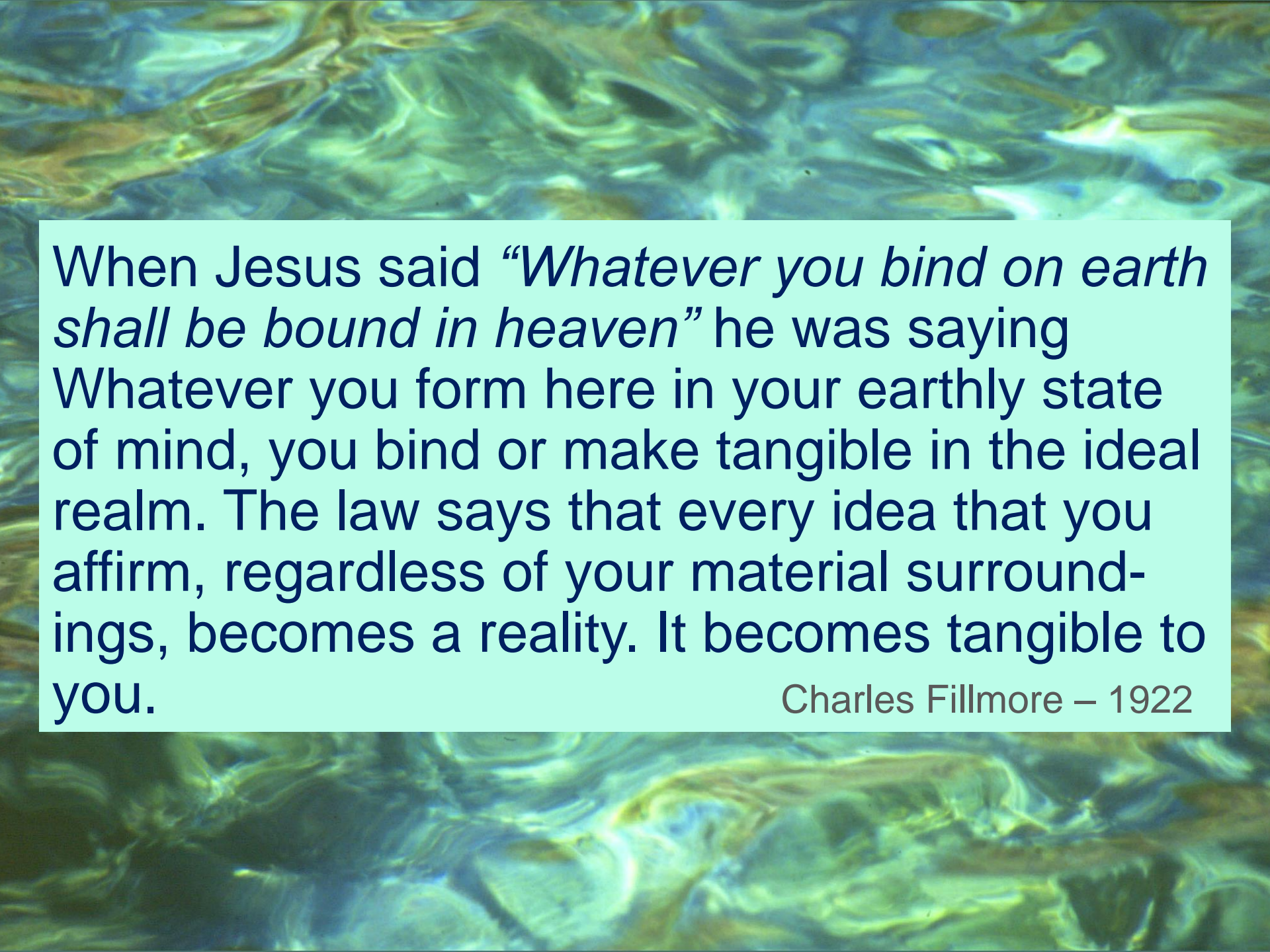
1 Cor. 8.6

**In God, we live and move
and have our being.**

Acts 17.28



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When Jesus said “*Whatever you bind on earth shall be bound in heaven*” he was saying Whatever you form here in your earthly state of mind, you bind or make tangible in the ideal realm. The law says that every idea that you affirm, regardless of your material surroundings, becomes a reality. It becomes tangible to you.

Charles Fillmore – 1922

And when he says “*Whatever you loose on earth shall be loosed in heaven*” then whatever idea you have released or denied is dissolved in your mind-realm. Now this gives you power over the mind and the body, and we know that everything comes into manifestation first as an idea.

Now if you could control your ideas, how easy it would be to control things. Here is the key to the whole thing, and upon what Jesus Christ builds his practical Christianity. We can apply that law to everything we do, and we find it works.

Charles Fillmore – 1922



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**Unity is a
spiritual path
for conscious living.**

As there is no screen or ceiling between
our heads and the infinite heavens,
so there is no bar or wall in the soul,
where man, the effect, ceases,
and God, the cause, begins.
The walls are taken away.
We lie open on one side
to the deeps of spiritual nature,
to the attributes of God.

Ralph Waldo Emerson – *The Over-Soul*



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Prayer is not an act of overcoming God's reluctance, but should be an active acceptance of His highest willingness, recognizing spiritual law and putting ourselves in alignment with it.

Ernest Holmes – *Science of Mind*

Do not supplicate or beg God for what you need but get still and think about the inexhaustible resources of infinite Mind, its presence in all its fullness, and its constant readiness to manifest itself.

Charles Fillmore – *Jesus Christ Heals*



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DENIAL: This sickness has no power over me.

AFFIRM: I am a vibrant expression of pure divine life.

DENIAL: The stock market is not my source.

AFFIRM: God's infinite substance is mine to manifest through the joy of imagination.

DENIAL: I am not a victim of what the news predicts.

AFFIRM: I am receptive to my Inner Wisdom and divine thoughts of Truth.

DENIAL: I will not give power to anger in this relationship.

AFFIRM: Divine harmony is working all things together for good.



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