

## I came so that you could have life – indeed, so that you could live life to the fullest.

John 10.10

## If we all did the things we're capable of doing, we would literally astound ourselves.

- Thomas Edison

## If we all did the things we *love* doing, we would literally *find* ourselves.

- Rev. Kitty

## I'd forgotten how much I Loved... **MAKE TIME for it Talents** Conversation **Hobbies** As/At Work Diet **Family** Social Media

**Exercise** 

Music
Spiritual Practice
Journal

