

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness.

Genesis 1.1-4

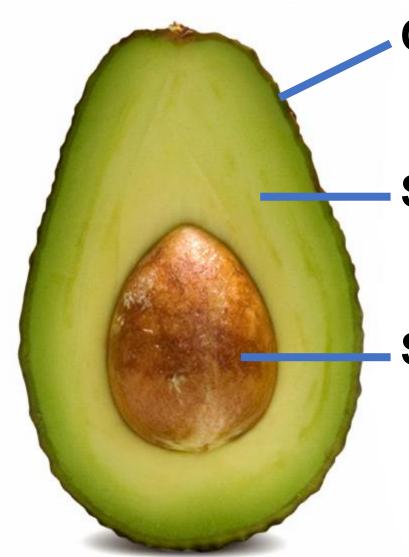
If I say, "Surely the darkness shall cover me, and the light around me becomes night," even the darkness is not dark to You; the night is as bright as the day, for darkness is as light to You.

Psalm 139.11-12

### What can be seen was made out of what cannot be seen.

Hebrews 11.3





#### **CONSCIOUS Mind**

**SUB Conscious Mind** 

**SUPER Conscious Mind** 

### Journey to Inner

# Silence

Relaxation

**Letting Go** 

**Attention on God** 

Concentration

Silence

Thanksgiving

## Silence

Patient, Kind

Loving, Compassionate

Wise, Intuitive

Invigorated, Lively

Prosperous, Generous

Creative, Courageous



