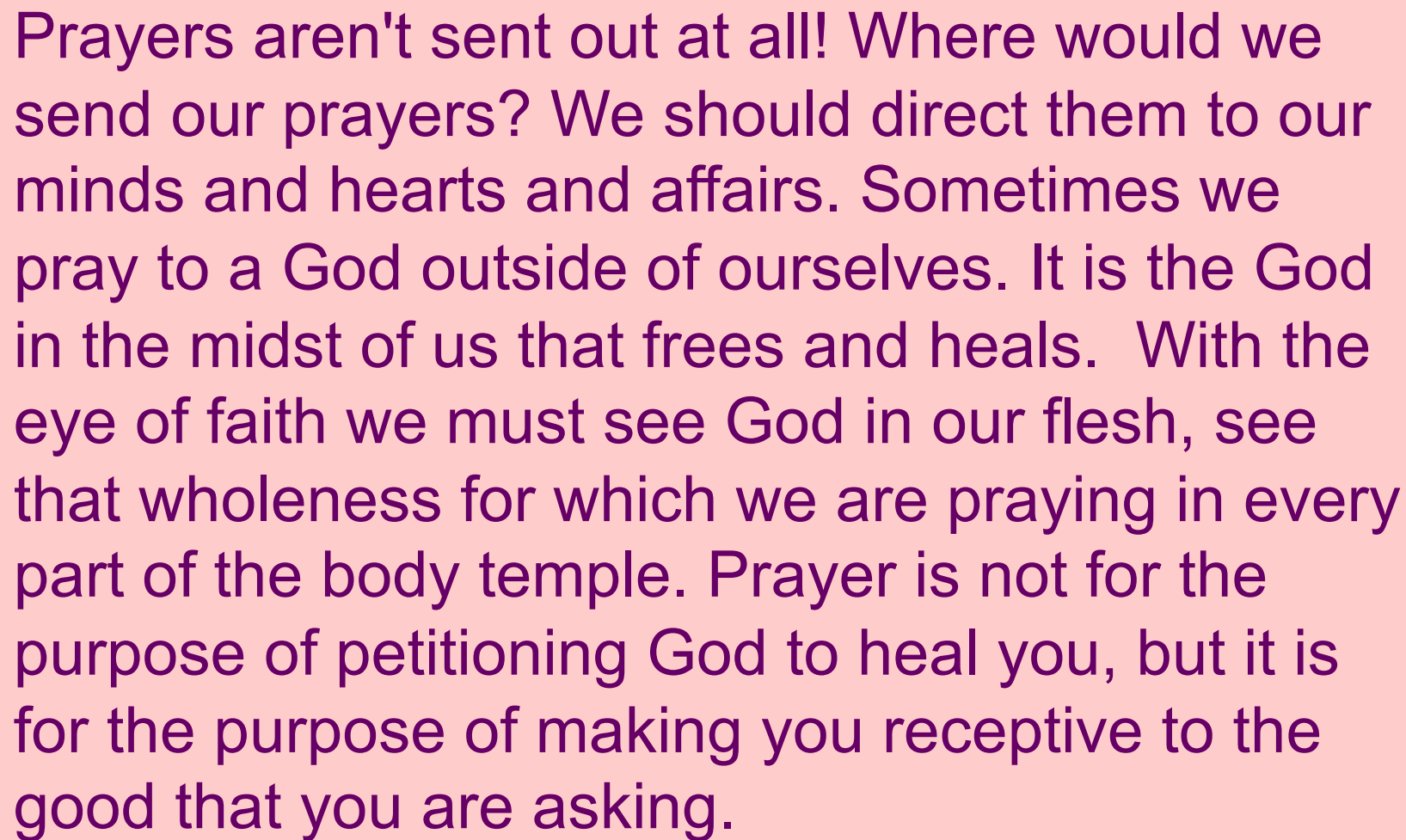




The Heart of Unity

Myrtle's Affirmative Prayer

- **Vigorous**
- **Energetic**
- **Strong**
- **Intelligent**
- **Alive with sweet, pure, wholesome energy**
- **Active**
- **Drawing on an unlimited Source**
- **Clear and bright**
- **The pure love of the Christ flowed in & through her heart**



Prayers aren't sent out at all! Where would we send our prayers? We should direct them to our minds and hearts and affairs. Sometimes we pray to a God outside of ourselves. It is the God in the midst of us that frees and heals. With the eye of faith we must see God in our flesh, see that wholeness for which we are praying in every part of the body temple. Prayer is not for the purpose of petitioning God to heal you, but it is for the purpose of making you receptive to the good that you are asking.

Myrtle Fillmore – *Healing Letters*

My secret thoughts and feelings were cutting and congesting and weakening my vital organs and the walls of my body. I began to watch and to redeem this state of mind. As I gained real poise and the ability to keep my thoughts and feelings truly free, I was healed and restored to strength and normal functioning. I turned the light of Spirit upon these hidden things and sought to have divine Mind transform my very subconscious so that I could work from an entirely new basis.

Myrtle Fillmore – *Mother of Unity*

We destroy arguments and every proud obstacle raised up against the knowledge of God and we take every thought captive to obey Christ.

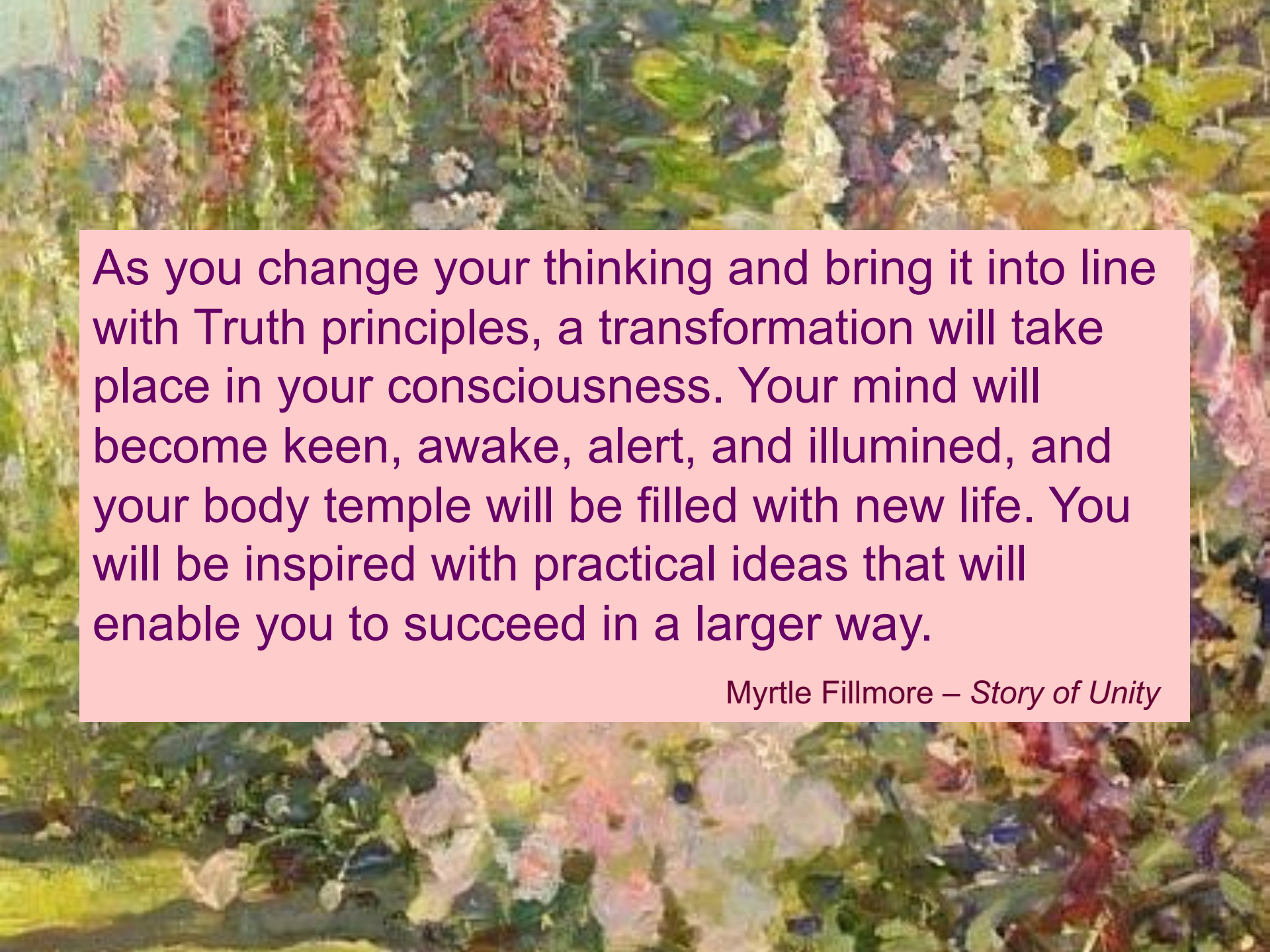
2 Cor. 10.5

Remember that God is present as the very life in which you live, move and have your being; the very substance out of which your body is formed and nourished; the very intelligence which is within you, in every nerve, brain cell, and structure of the body. God is the very love which holds in perfect harmony all the elements of your being. God is the very Light which enables you to understand yourself and all God's creation. Claim your oneness with God, so that you may lay hold of the abundant life, intelligence, substance, and love, and build these into your soul and body.

Myrtle Fillmore – *How to Let God Help You*

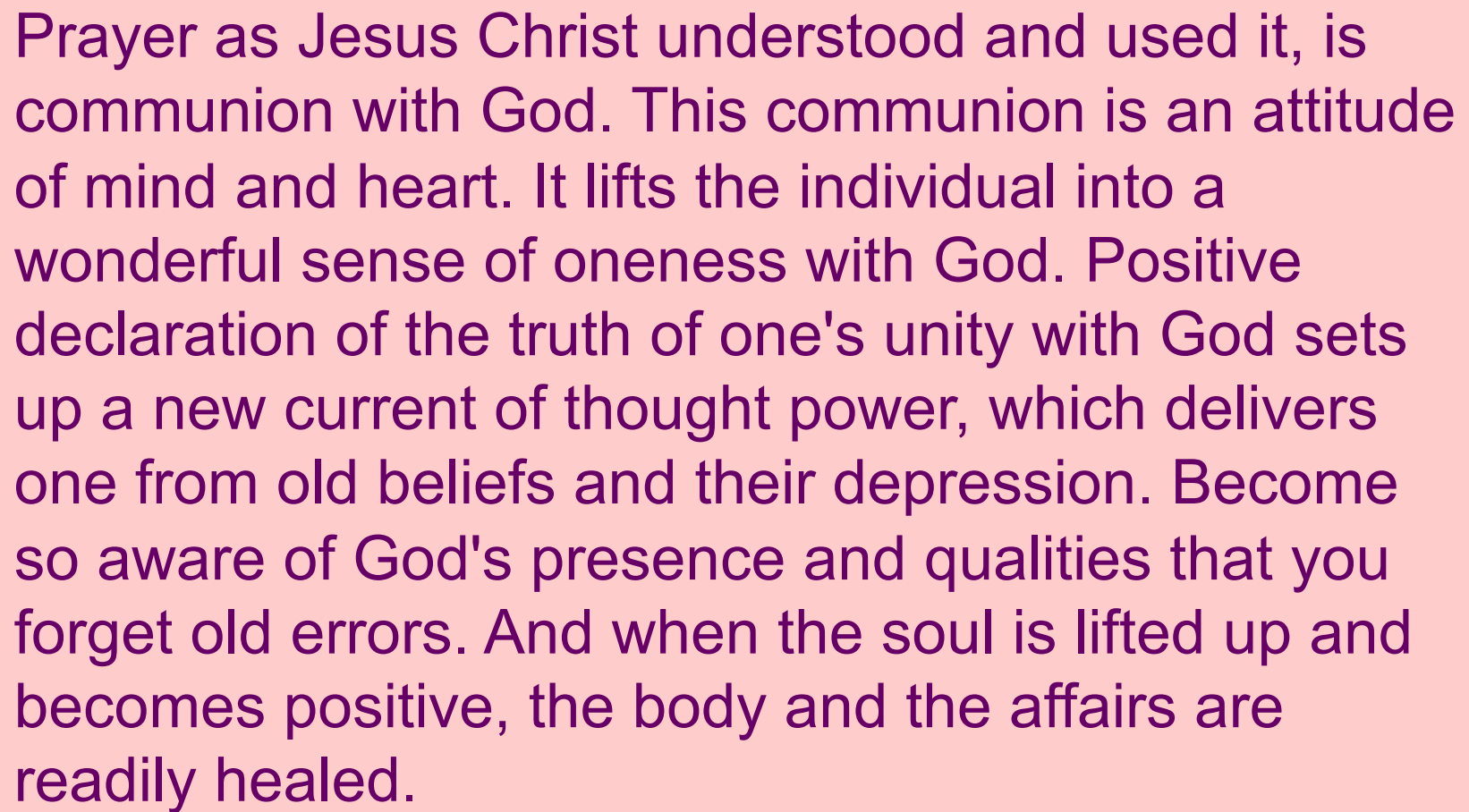
So if anyone is in Christ, there is a new creation: everything old has passed away; see everything has become new.

2 Cor. 5.17



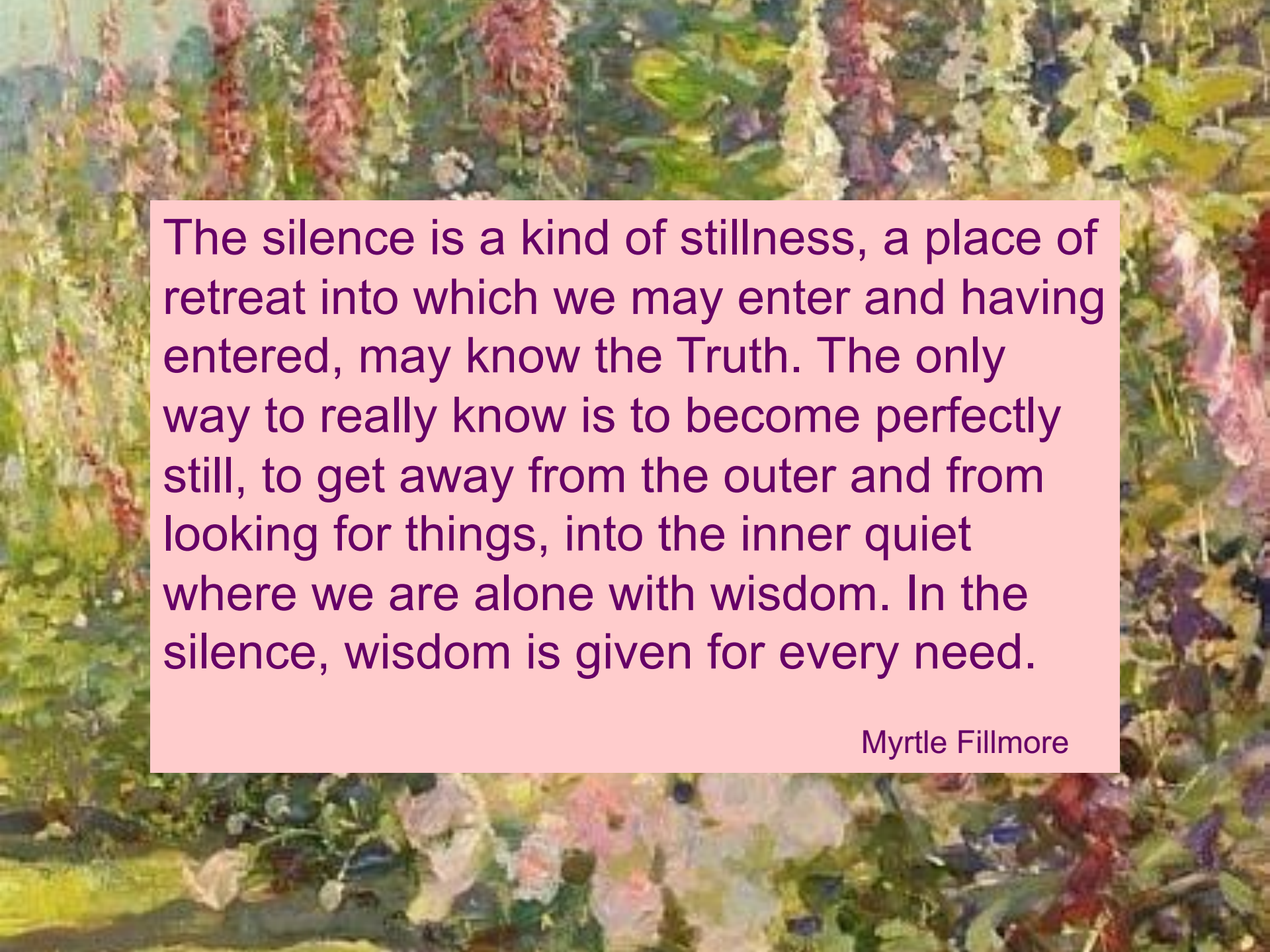
As you change your thinking and bring it into line with Truth principles, a transformation will take place in your consciousness. Your mind will become keen, awake, alert, and illumined, and your body temple will be filled with new life. You will be inspired with practical ideas that will enable you to succeed in a larger way.

Myrtle Fillmore – *Story of Unity*



Prayer as Jesus Christ understood and used it, is communion with God. This communion is an attitude of mind and heart. It lifts the individual into a wonderful sense of oneness with God. Positive declaration of the truth of one's unity with God sets up a new current of thought power, which delivers one from old beliefs and their depression. Become so aware of God's presence and qualities that you forget old errors. And when the soul is lifted up and becomes positive, the body and the affairs are readily healed.

Myrtle Fillmore – *Healing Letters*



The silence is a kind of stillness, a place of retreat into which we may enter and having entered, may know the Truth. The only way to really know is to become perfectly still, to get away from the outer and from looking for things, into the inner quiet where we are alone with wisdom. In the silence, wisdom is given for every need.

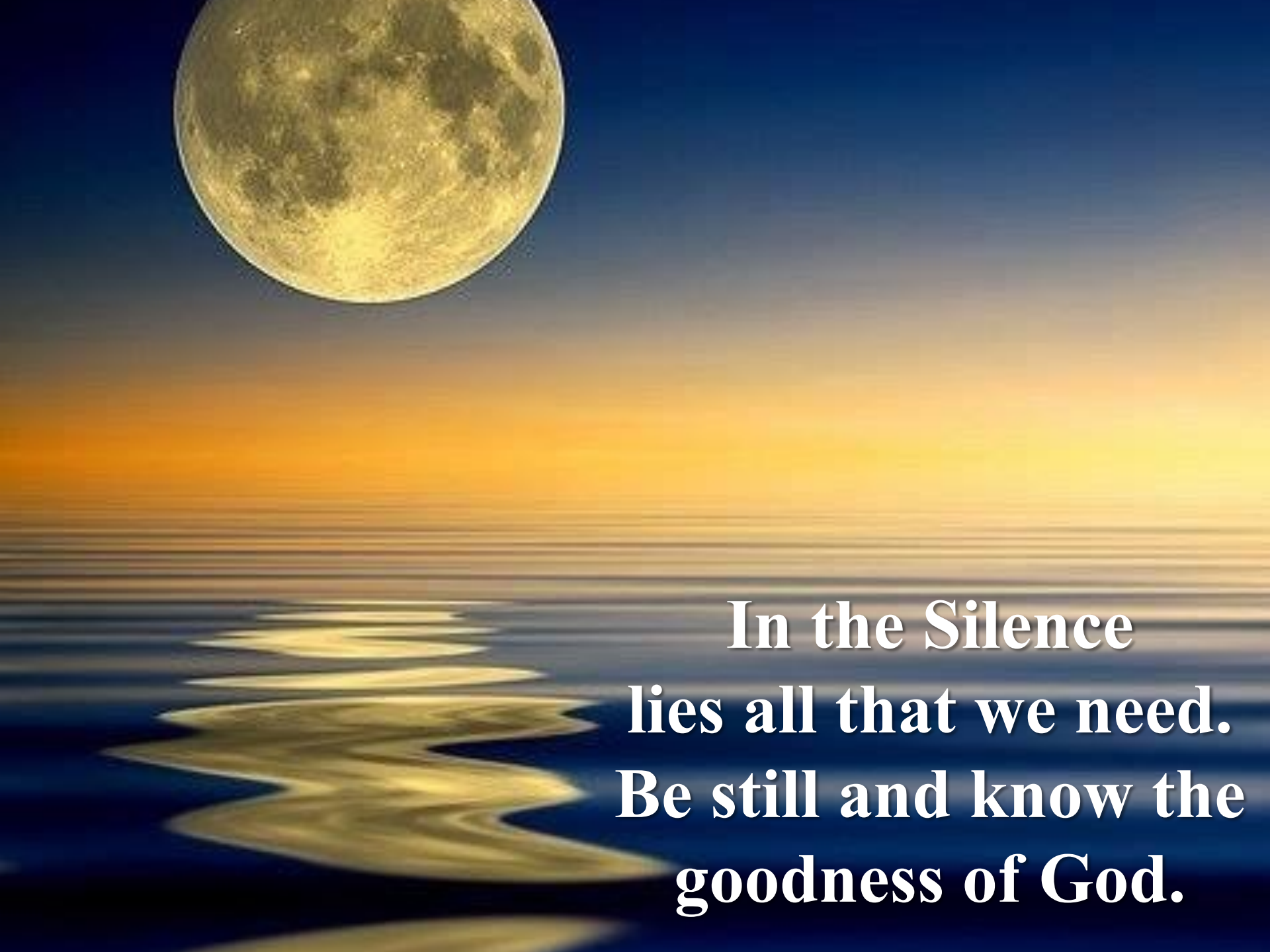
Myrtle Fillmore

The Lord said, my grace is sufficient for you for my power is made perfect in weakness.

2 Cor. 12.9

No one, not even God, can change you or your circumstances so long as you insist upon looking at and thinking of and worrying about yourself and your problems. Your problems do not exist except in your own mind. As soon as you withdraw your thoughts and feelings from the things which you have invited and built up, they will fall flat and dissolve. In the silence, we see what the real is. By abiding in God-Mind (which means perfect order and satisfaction), you will build a new world of peace, joy, wholeness, and success according to the direction of Christ ideas.

Myrtle Fillmore – *How to Let God Help You*



**In the Silence
lies all that we need.
Be still and know the
goodness of God.**