

A vibrant, impressionistic painting of a garden. The scene is filled with various flowers, including tall purple and pink spikes, and clusters of yellow and pink blossoms. The brushstrokes are visible and textured, creating a sense of movement and light. The colors are rich and varied, with a mix of greens, yellows, pinks, and purples. The overall composition is dense and detailed, capturing the essence of a lush garden.

A Kind Heart

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FROM: “What about me?”

TO: “I always have enough.”

FROM: “They have power over me.”

TO: “Nothing is against me.”

FROM: “I’m right, you’re wrong.”

TO: “Let’s work for the highest good of all.”

Christ in you is your hope of glory. - Col. 1.27

We can afford to be kind.

A Kind Heart...

- shows **AWARENESS**
- shows **APPRECIATION**
- shows **COMPASSION**



JESUS

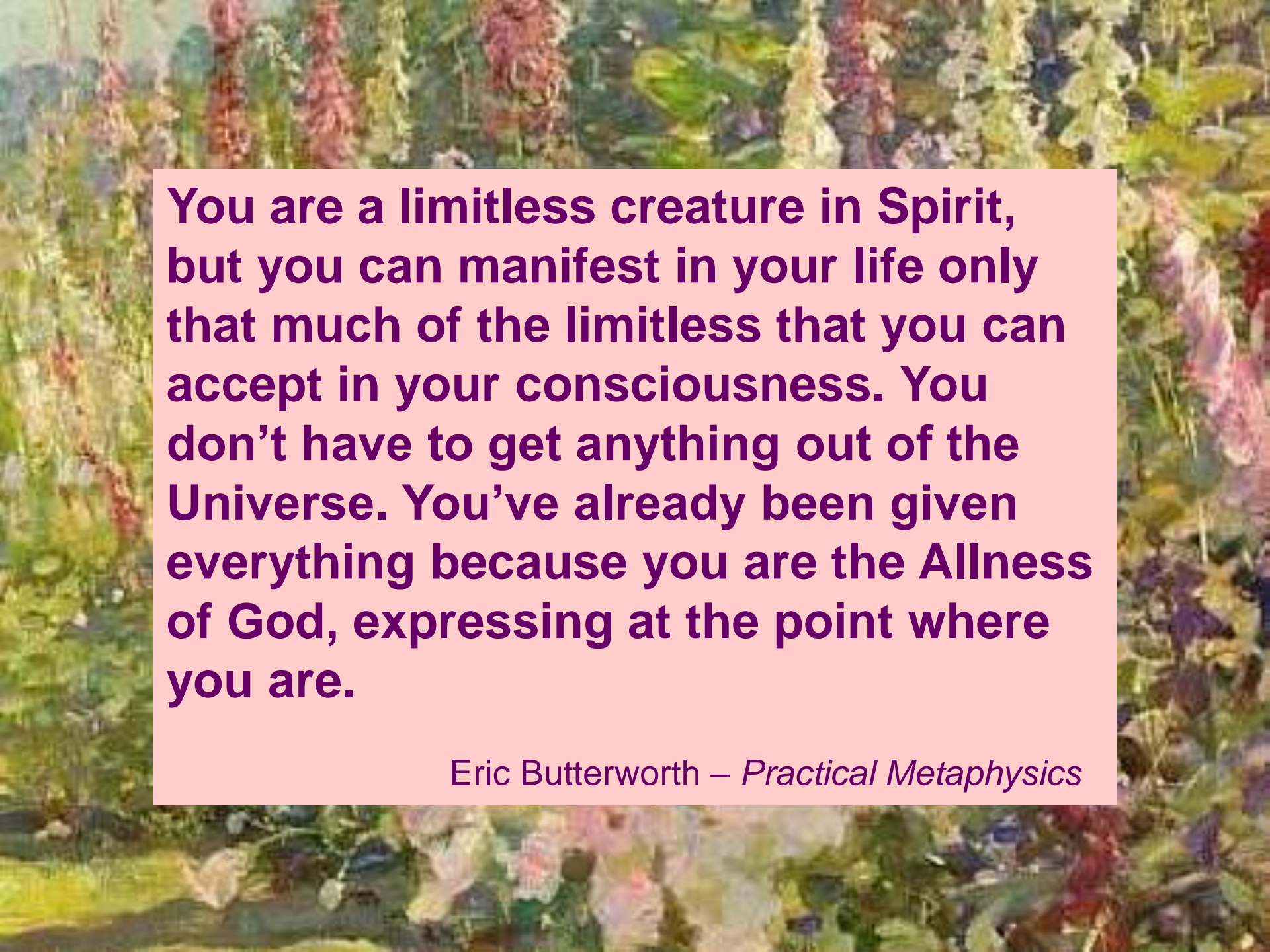
Love your neighbor as yourself.
Do to others as you
would have them do to you.

THE BUDDHA

Compassion is that which makes the
heart of the good move
at the pain of others.

A Kind Heart...

- shows **AWARENESS**
- shows **APPRECIATION**
- shows **COMPASSION**
- shows **ENCOURAGEMENT**
- shows **GENEROSITY**



You are a limitless creature in Spirit, but you can manifest in your life only that much of the limitless that you can accept in your consciousness. You don't have to get anything out of the Universe. You've already been given everything because you are the Allness of God, expressing at the point where you are.

Eric Butterworth – *Practical Metaphysics*

A Kind Heart...

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Am I being kind?

A KIND HEART BRINGS...

fulfilling relationships

peace, comfort

hope, inspiration

better health

sense of worth

shared abundance

happiness

unity

The background is a colorful, abstract painting of a field. It features a mix of green, yellow, red, and blue brushstrokes, creating a sense of movement and depth. A large, semi-transparent purple circle is centered over the image, containing the text "I am a kind person." in white, bold, sans-serif font.

I am a kind person.