

A white dove is shown in flight, positioned in the upper right quadrant of the image. The background is a vibrant, abstract composition of swirling, ethereal colors including shades of blue, green, purple, and pink, creating a sense of movement and light. The overall mood is peaceful and uplifting.

*I Am Free ...*

*to live beyond fear*

Fear ties us to a past  
we long to be free from.

**I am free to live beyond fear  
when I turn my thoughts toward love.**

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*I Am Free ...*

*to live beyond fear*

Fear is what keeps me  
from being myself.

You are the light of the world. People do not light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others.

Matt. 5.14-16

Love the Lord your God with all your heart, soul, mind and strength and your neighbor as yourself.

Mark 12.29-31



Fear is what keeps me  
from being myself.

**I am free to live beyond fear  
and to love myself.**

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Fear is what keeps me  
from trying new things.

The one who believes in me will also do the works that I do, and in fact, do even greater works than these.

John 14.12

Fear is what keeps me  
from trying new things.

**I am free to live beyond fear  
and follow my heart's desire.**

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