



UNITY

*A Positive Path for
Spiritual Living*

POSITIVE
PRACTICAL
PROGRESSIVE
CHRISTIANITY

S piritual

B **U** **T**

N **O** **T**

R **E** **L** **I** **G** **I** **O** **U** **S**

Is This Me?

The Difference between Religion and Spirituality

RELIGION

Organized Group
Structured around Beliefs
Interpreted by Man
God is separate
Rules / Doctrine / Dogma
People Control People
Rewards/Punishments
Fear based
Intellect / Instructional
Practice spiritual growth
Enhance spiritual talents
Social Framework

SPIRITUALITY

Personal / Individual
Open / boundless
No rules / many questions
Experience Connection w/
Higher Power
Inner Wisdom
Heart / Love-based
I AM Spirit / One with God
Growing / Evolving
Meaningful Values
Focus on Journey
Practice religion's lessons

**Spirituality without religion
is like a tumbleweed,
blown hither and yon by the wind,
with no direction of its own.**

Facebook Survey Response

**I'm "Spiritual But Not Religious"
because organized religion inevitably
degenerates into tussles over
power, ego and money.**

BJ Gallagher – Huffington Post

An Ideal Blending of Religion and Spirituality

Spiritual principles you resonate with

Loving, accepting community

Opportunity to study & question teachings

Safe, open discussion with others

Evolve your understanding

Take responsibility for PERSONAL spiritual practice

- Study, prayer, meditation, self observation, inquiry
- Personal experience, application of beliefs, qualities

Benefits of COMMUNITY

- Group energy / achieve greater things
- Challenged by others' views
- Support and be supported –
physical/emotional needs

**Seek always to do some good somewhere.
Every man has to seek in his own way to
realize his own worth. You must give some
time to your fellow man. For remember,
you don't live in a world all your own.
Your brothers are here too.**

Albert Schweitzer

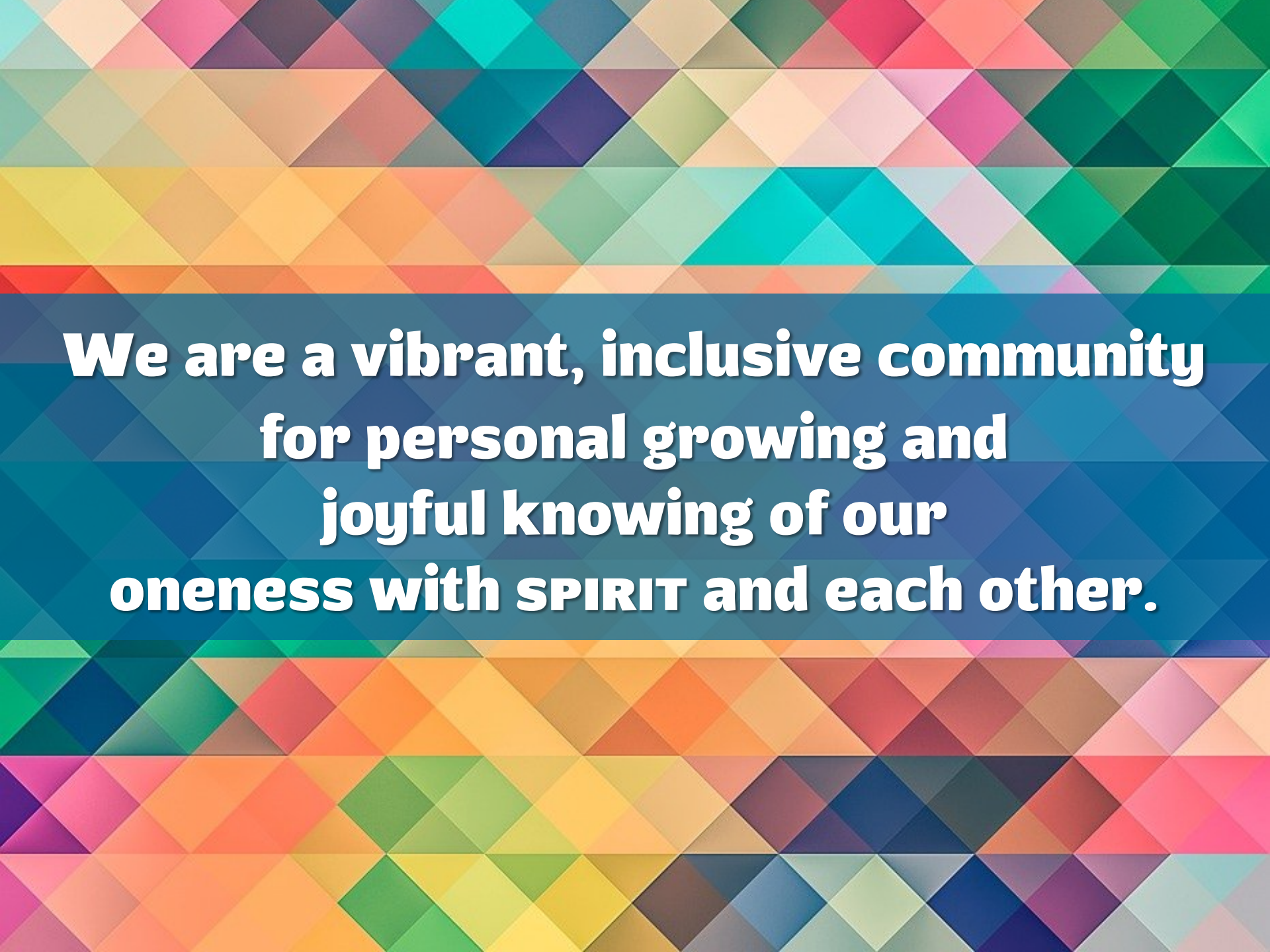
S piritual

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Is This Me?



**We are a vibrant, inclusive community
for personal growing and
joyful knowing of our
oneness with SPIRIT and each other.**