



*The Swirling Leaves
of Change*

CONSCIOUS EVOLUTION

Barbara Marx Hubbard



**We ARE Evolution,
becoming conscious of itself,
intentionally choosing its future expression.**

**We're one,
we're whole,
we're good,
we're universal.**

SPIRAL DYNAMICS

Clare Graves – Don Beck



- Equality
- Community
- Warmth
- Sensitivity
- Caring
- Inclusion

Seek peace with the inner self and explore, with others, the caring dimensions of community.

LIFE-SUSTAINING SOCIETY

Joanna Macy

- **HOLDING ACTIONS**
- **LIFE SUSTAINING STRUCTURES**
- **SHIFT IN CONSCIOUSNESS**
 - We're connected
 - My life affects others
 - Sense of belonging / compassion
 - In service to something larger



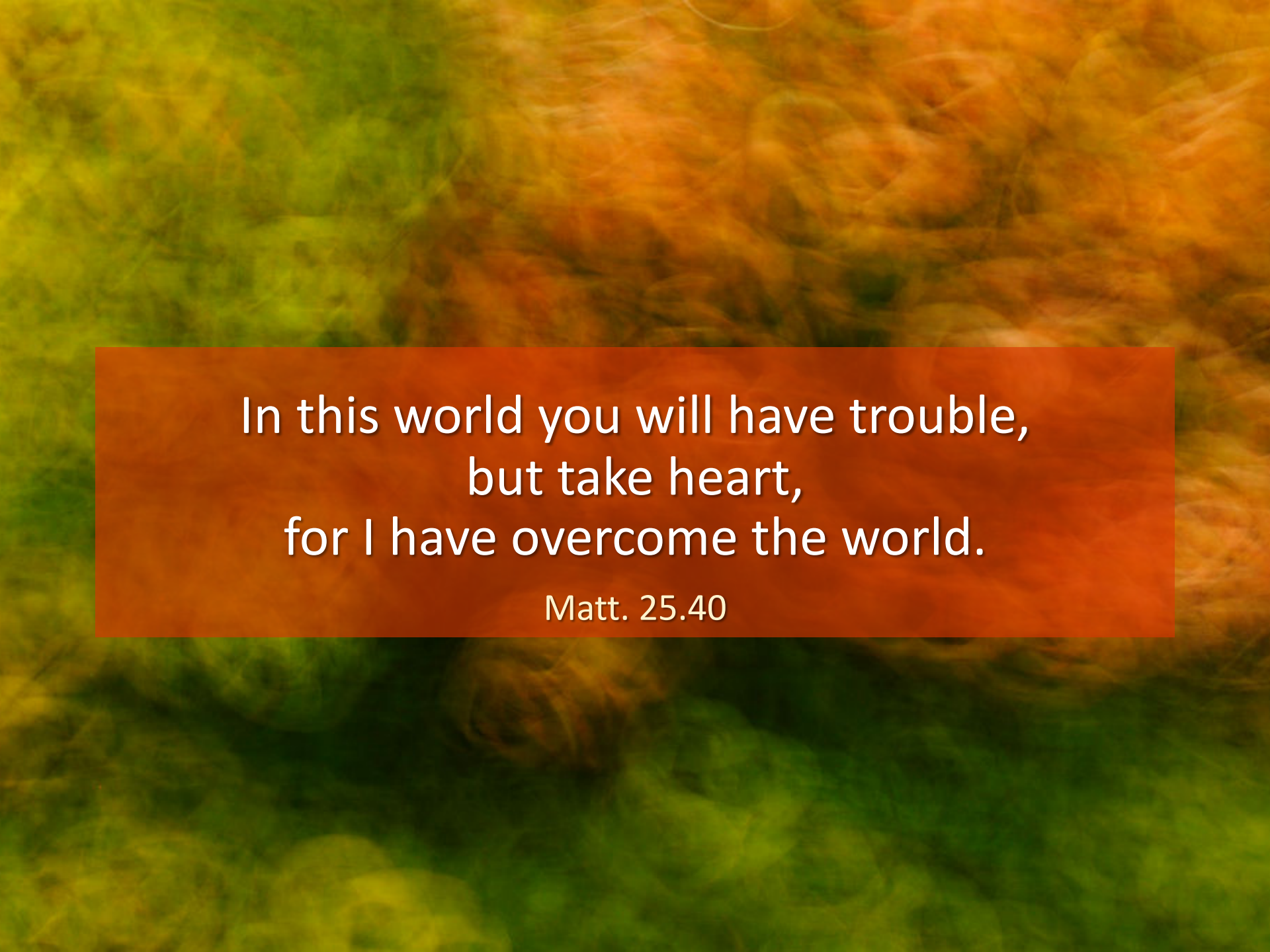
Moving beyond tired old notions of competitive individualism, we come home to each other and our mutual belonging in the living body of Earth.

How Unity meshes with the Life-Sustaining Society

- **Mindfulness**
- **Meditation**
- **Yoga**
- **Self Care**
- **Art**
- **Kindness Rocks**
- **Gratitude**
- **Forest Bathing**
- **Charter for
Compassion**
- **Heart Math**
- **Sound Healing**
- **Vegan Potlucks**
- **Earth Care Team**
- **Make space to practice the Creative Process**

UNITY'S MISSION STATEMENT

**We are a vibrant, inclusive community
for personal growing and
joyful knowing of our
oneness with Spirit and each other.**



In this world you will have trouble,
but take heart,
for I have overcome the world.

Matt. 25.40



**Centered in Love, we celebrate the
expression of God as peace, wisdom,
and abundance in this awakening world.**

