



# The Swirling Leaves of Change



**“My God,  
what a fantastic time  
to be alive!”**



**What is life saying to me?**

**What is the collective  
consciousness calling for?**

# Preparing for Change

- What have I learned so far about today's challenges?
- What have I learned about my response to these issues?
- What has caught my attention, my fear, or my heart?
- How does my spiritual understanding affect those views?



# Preparing for Change

- What's essential for me to move forward in this time of change?
- What's holding me back?
- What's calling me forward?
- What is my next step?



**I would not be here at this moment  
if I were not ready for it.  
What a fantastic time to be alive!**