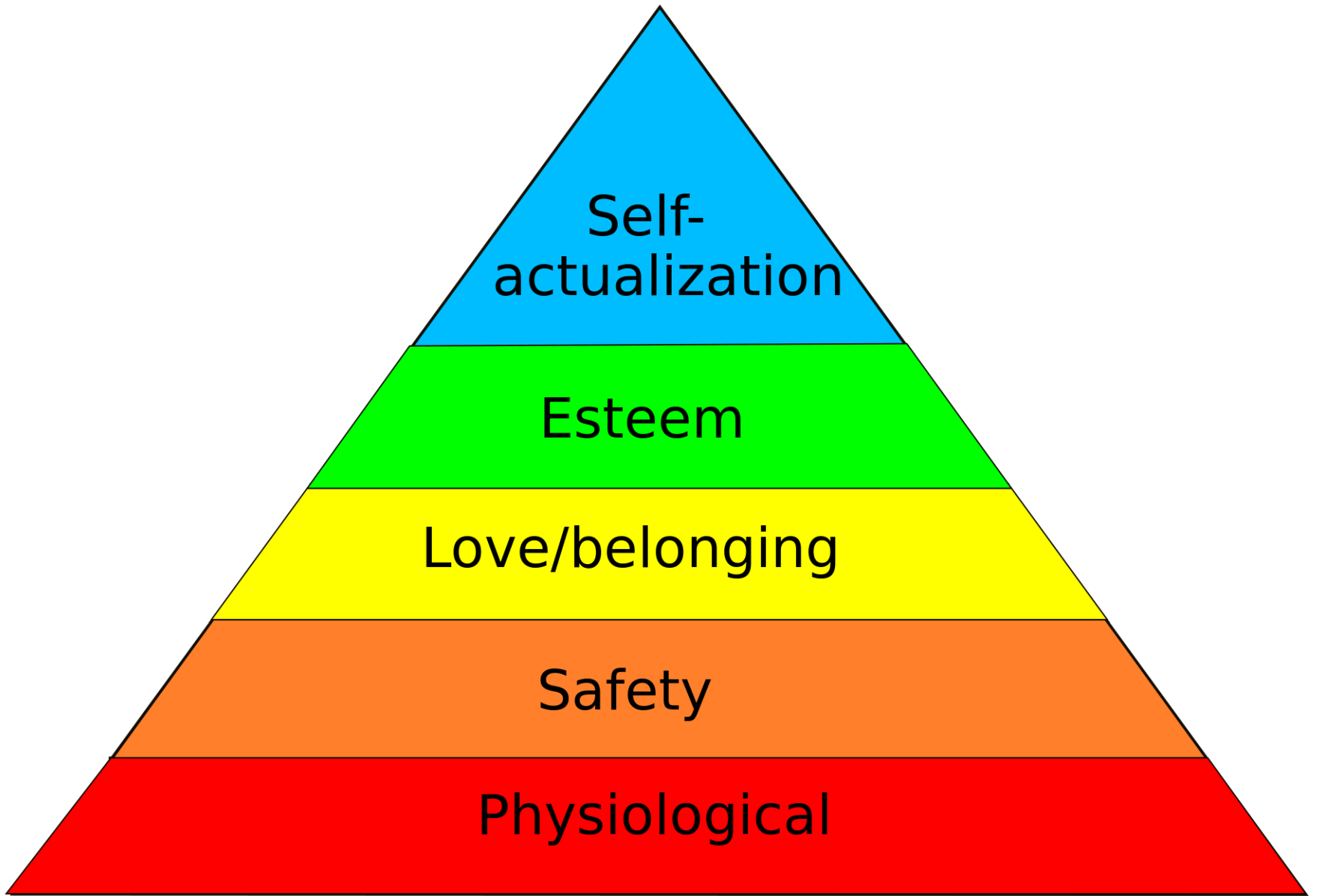


*A Call for* **H.E.L.P.**





**Maslow's Hierarchy of Needs**

I open my heart to God's  
living Presence and I AM...

**HEALED,**  
**ENLIGHTENED,**  
**LOVED** and  
**PROSPERED !**

I open my heart to God's  
living Presence and I AM...

**L** **LOVED**

Love is the all-pervasive energy that flows through everything. Love is oneness because on a subatomic level all of us are connected. When you experience love, you are resonating with the essence of the universe and who you are.

Dr. Dean Shrock – *Why Love Heals*



I have no love of my own. My love is my attunement with the cosmic flow, which is centered in the great heart of the universe. It is not love that is the greatest need in our lives, but loving, giving way to this cosmic flow of love. It's not the need of being loved by people so that people can give us this commodity. Love is to touch the deep spring of our own nature, turn our own lights on, and be love.

Eric Butterworth – *Practical Metaphysics*

# What Living Love Looks Like

**The outer world does not determine my worth.**

**My true Self is Love Itself.**

**I accept myself as I am.**

**I allow myself to be who I am.**

**I am the Love of God.**

**And now I set it free!**

**NOT: "When I do better, I will love myself."**

**BUT: "When I love myself, I will do better."**

One should make it a practice to meditate regularly on the love idea in universal Mind, with the prayer, “Divine love, manifest yourself in me.” Think about love and all the ideas that go to make up love will be set in motion. This produces a positive love current which, when sent forth with power, will break up opposing thoughts of hate and render them null and void.

Charles Fillmore – *Dynamics for Living*



# The Truth Sets Us Free

I'm afraid to say what I need...indecisive.

**I am worthy and wise.**

I am sickly, old, weak in body.

**Divine Life flows through me as strength & health.**

I'm not smart enough to succeed.

**My mind & God's mind are one.**

**I am open to Divine Ideas.**

I am not worthy of/good enough for love.

**I accept myself just as I am**

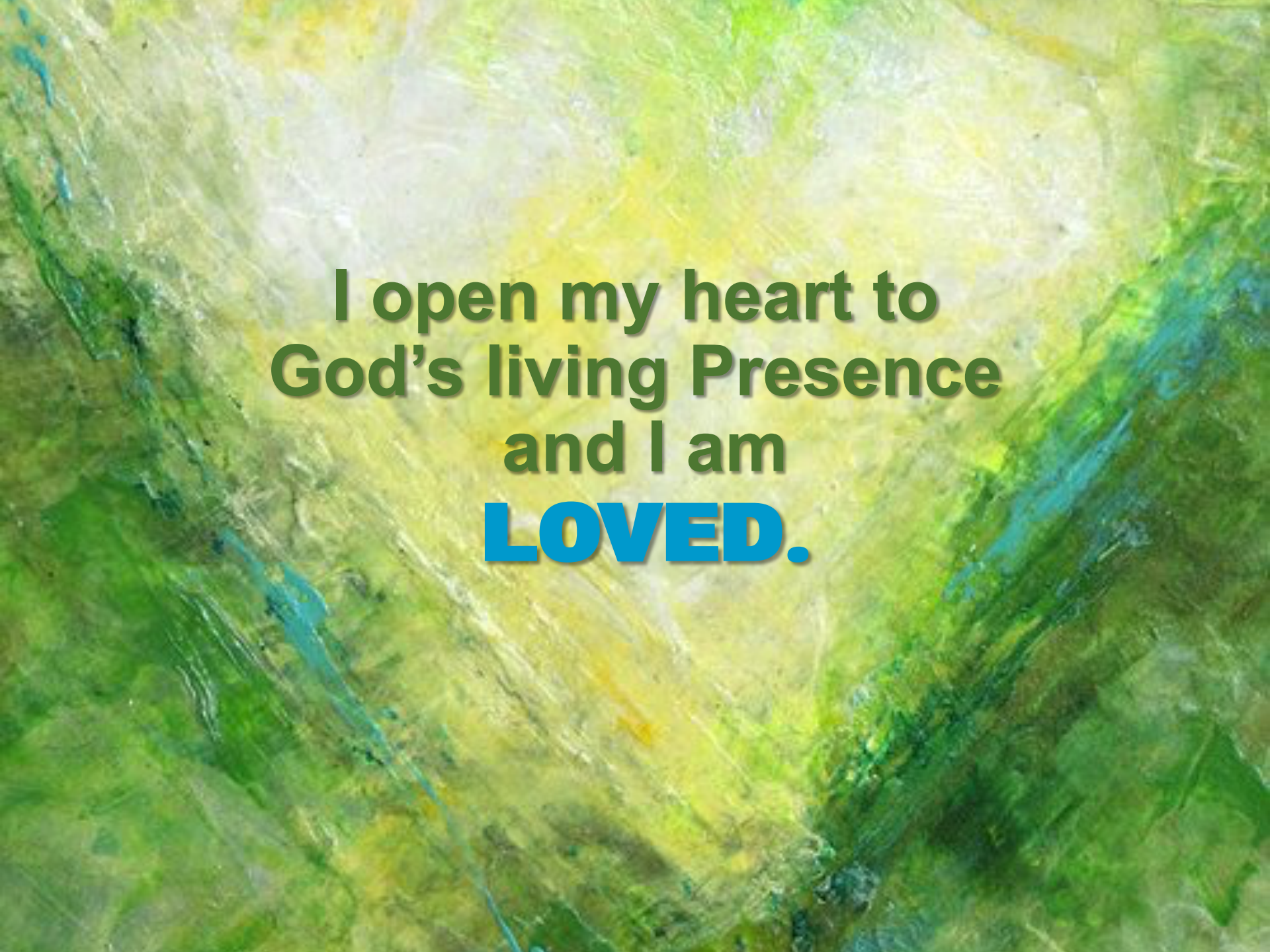
**I allow myself to be who I am.**

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.

1 Cor. 13.4-8

I open my heart to God's  
living Presence and I AM...

**L** **LOVED**



I open my heart to  
God's living Presence  
and I am  
**LOVED.**